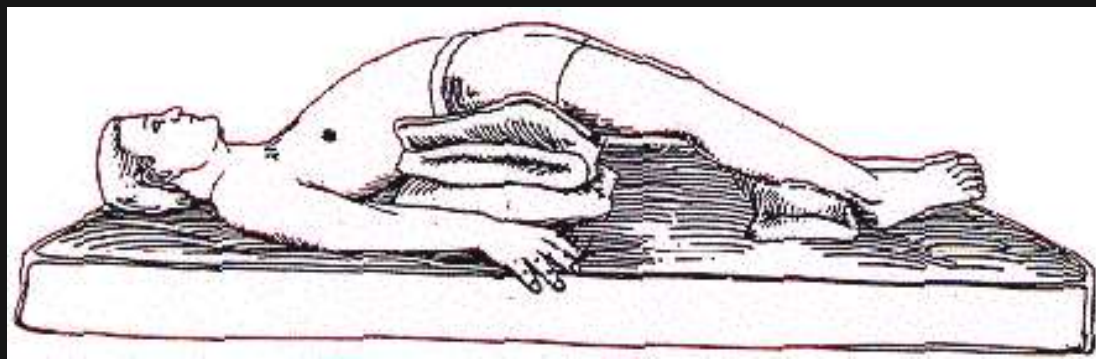
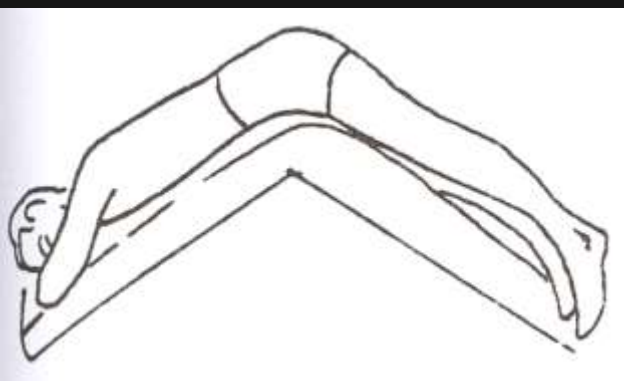
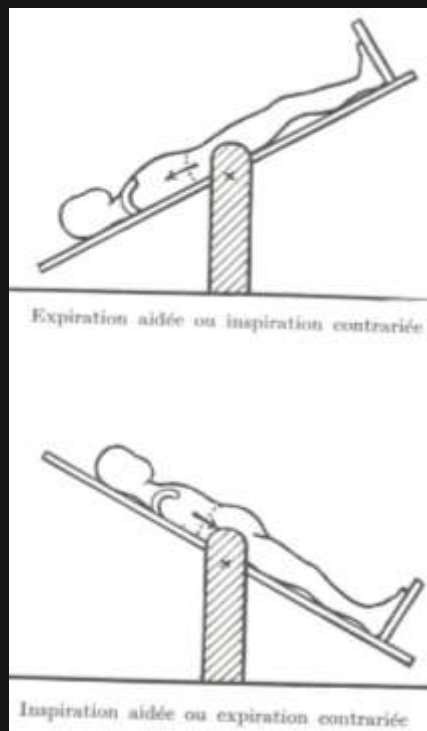


Expérience ... Evolution
Kinésithérapie en réanimation
de 1973 à 2017...

Plan

- Kinésithérapie respiratoire
- Ventilation mécanique invasive
- Ventilation mécanique non invasive
- Mobilisation

Techniques de désencombrement bronchique



**PROPRIÉTÉS BIOCHIMIQUES, PHYSIQUES ET PHYSIOLOGIQUES
DE LA SÉCRÉTION TRACHÉO-BRONCHIQUE**

T. SOTTIAUX⁽¹⁾, J. ROESELER⁽²⁾, M. S. REYNAERT⁽³⁾

Intérêt de la mesure de la **filance** des sécrétions trachéo-bronchiques chez le patient intubé et ventilé. Influence de l'infection du tractus respiratoire

A. GOFFART (1), P. VAN DER LINDEN (1), Th. SOTTIAUX (2), J. ROESELER (3),
M. REYNAERT (4)

(1) Licenciée en Kinésithérapie (UCL). (2) Service de réanimation, clinique Notre-Dame de Grâce, 62000 Gosselies. (3) Service de médecine physique (Pr J. Denayer). (4) Service des soins intensifs (Pr J. Trémouroux), cliniques universitaires Saint-Luc, 10, avenue Hippocrate, 1200 Bruxelles, Belgique.

Influence des drogues mucolytiques sur la **filance** des sécrétions trachéo-bronchiques dans la mucoviscidose

J. ROESELER (1), Th. SOTTIAUX (2), Y. K. KEUKELEIRE (3), L. ROUARD (3),
M. REYNAERT (4), J. CHEVAILLIER (5), D. FRANCKX (5), R. REMONDIÈRE (6).

(1) Médecine Physique, Cliniques Universitaires Saint-Luc, Avenue Hippocrate, 10, B 1200 Bruxelles, Belgique. (2) Clinique Notre-Dame de Grâce, B 6041 Gosselies. (3) Licencié en Réadaptation et Kinésithérapie, Université Catholique de Louvain, B 1348 Louvain la Neuve. (4) Cliniques Universitaires Saint-Luc, Soins Intensifs, B 1200 Bruxelles. (5) Zeepreventorium Astmacentrum, B 8420 De Haan. (6) Service de Médecine néo-natale, Groupe Cochin, Maternité Port-Royal, 123, bd. de Port-Royal, F 75674 Paris cedex 14.

- **Techniques d'expiration lente**
- **Techniques d'expiration rapide**
- **La Toux**
- **Techniques d'inspiration lente**

Validation des techniques manuelles

- Méthodologie (*groupes, puissance, ...*)
- Définition des techniques (*chest physical therapy...*)
- Paramètres suivis
 - + Fonction respiratoire
 - + Gaz sanguins
 - + RX Thorax
 - +....

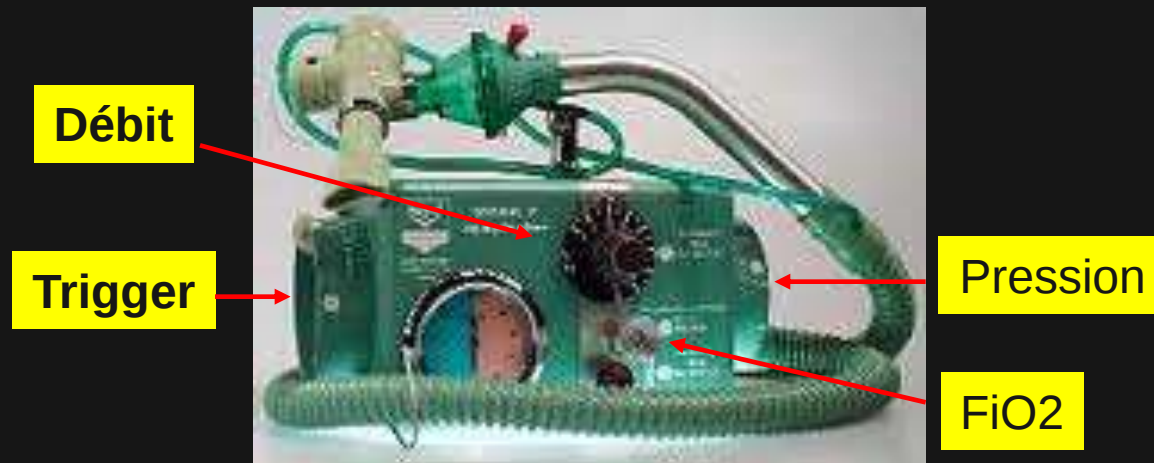
MANQUE DE VALIDATION

RESPIRATORY CARE®

Evaluating the Evidence for Airway-Clearance Therapy in Cystic Fibrosis

1. Airway-clearance therapy is recommended for all patients with CF for clearance of sputum, maintenance of lung function, and improved quality of life.
2. In general, no airway-clearance therapy has been demonstrated to be superior to any other.
3. For the individual, one form of airway-clearance therapy may be superior to the others. The prescription of airway-clearance therapy should be individualized, based on factors such as age, patient preference, and adverse events, among others.
4. Aerobic exercise is recommended for patients with CF as an adjunctive therapy for airway clearance and its additional benefits to overall health.

TECHNIQUES INSTRUMENTALES

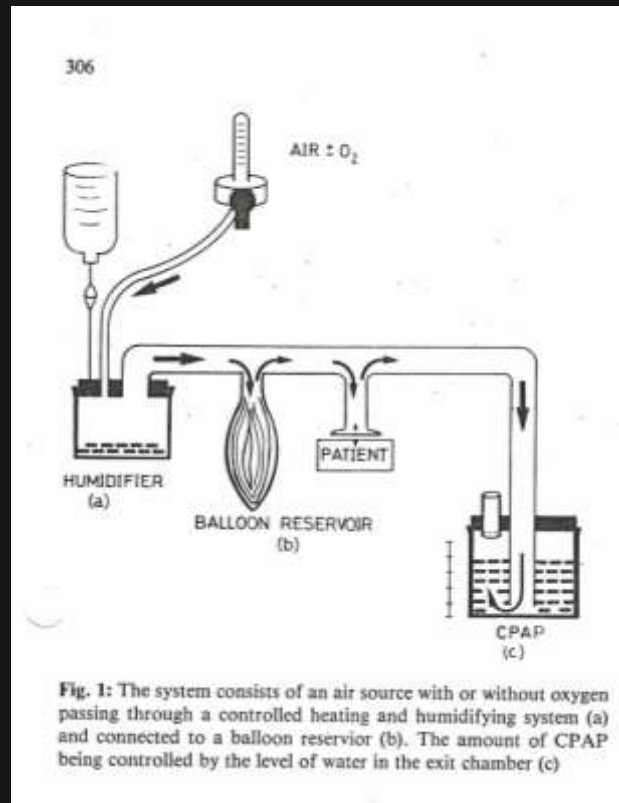


- Prévention des complications respiratoires post-opératoire
- Kinésithérapie chez le patient BPCO (aigu et stable)
- Aérosolthérapie
- Hyperventilation

Problèmes :

+ Mêmes paramètres (trigger, débit, pression, FiO2 !!!!)

CPAP



© Masson, P. 1982

POURVIN-COEUR, 1982, 36, 135-142

MÉMOIRES ORIGINAUX

Effets de trois méthodes d'assistance respiratoire sur la PaO₂ et la PaCO₂ chez l'opéré digestif (pression positive continue, pression positive intermittente, kinésithérapie respiratoire classique)

J. ROEBLER¹⁵, J. TREMBLOUX¹⁶, M. SOETS¹⁷, M. REYNARD¹⁸ et Ch. FRANCE¹⁹

¹⁵ Service de Médecine Physique; ¹⁶ Service des Soins Intensifs; ¹⁷ Service de Pneumologie, Clinique universitaire Saint-Louis, av. Hippocrate 10, B-1200 Bruxelles (Louvain-la-Neuve).

Buts :

+ Recrutement alvéolaire

+ Correction de l'hypoxémie sans modification de la PaCO₂

+ Prévention des complications respiratoires post-opératoires

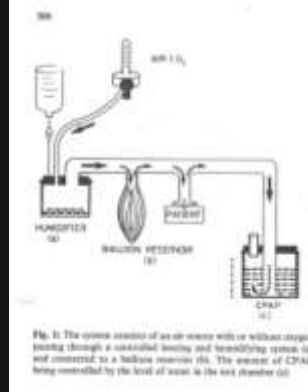
Methods and devices

The importance of the balloon reservoir volume of a CPAP system in reducing the work of breathing

Z. H. Bshouty*, J. Roeseler**, M. S. Reynaert*** and D. Rodenstein****

Cliniques Universitaires Saint-Luc, Brussels, Belgium

Accepted: 2 December 1986



Spirométrie Incitative



Incentive spirometry for preventing pulmonary complications after coronary artery bypass graft (Review)

Freitas ERFS, Soares B, Cardoso JR, Atallah ÁN



THE COCHRANE
COLLABORATION®

This is a reprint of a Cochrane review, prepared and maintained by The Cochrane Collaboration and published in *The Cochrane Library* 2009, Issue 3

<http://www.thecochranelibrary.com>



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Incentive spirometry for preventing pulmonary complications after coronary artery bypass graft (Review)
Copyright © 2009 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

Incentive spirometry for prevention of postoperative pulmonary complications in upper abdominal surgery (Review)

Guimarães MMF, El Dib R, Smith AF, Matos D



THE COCHRANE
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This is a reprint of a Cochrane review, prepared and maintained by The Cochrane Collaboration and published in *The Cochrane Library* 2009, Issue 3

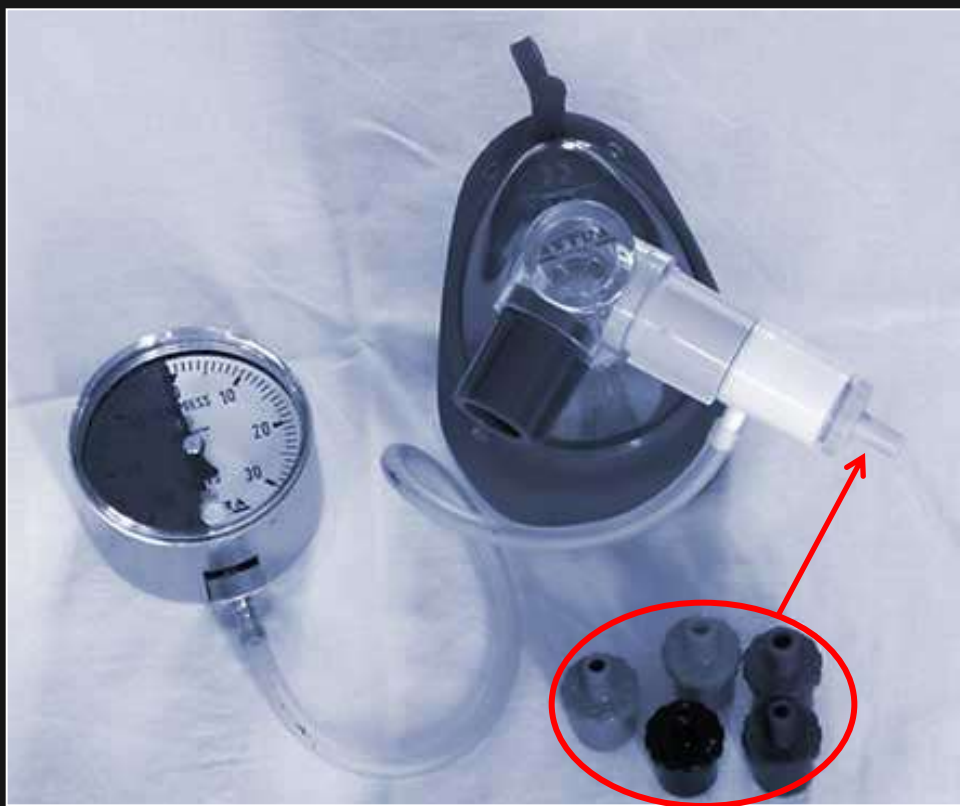
<http://www.thecochranelibrary.com>



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Incentive spirometry for prevention of postoperative pulmonary complications in upper abdominal surgery (Review)
Copyright © 2009 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

Expiration contre résistance

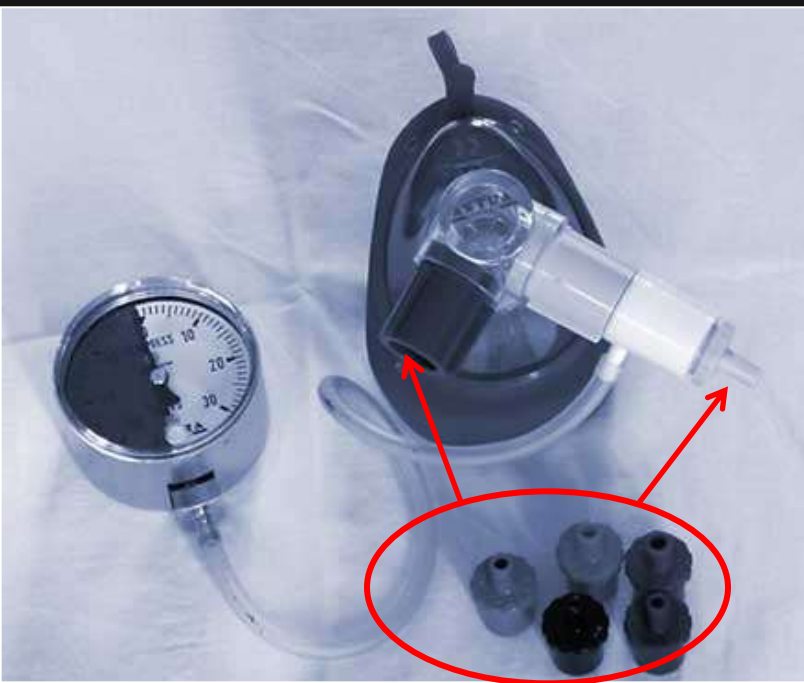


Inspiration contre résistance

Shunt de Leveen
Diminution de la PVC



Expiration et Inspiration contre résistance



Flutter[®], Acappella[®], RC Cornet[®]

Buts

- Modulation du débit
- Diminution du collapsus
- Désencombrement bronchique

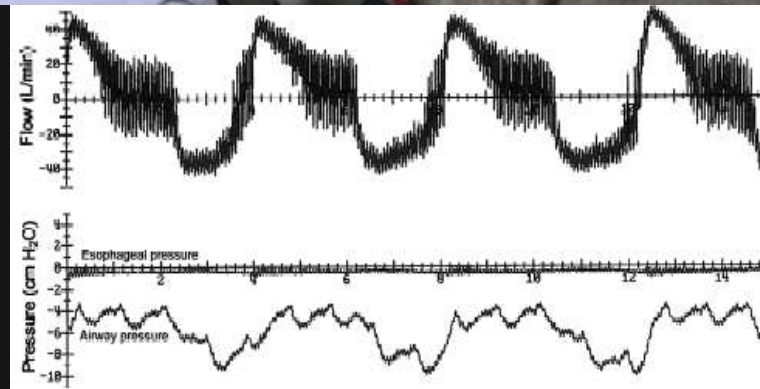


Cough Assit



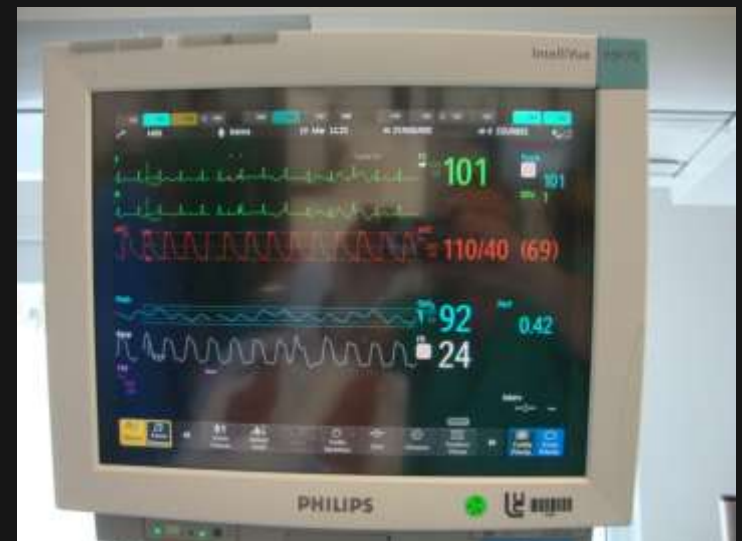
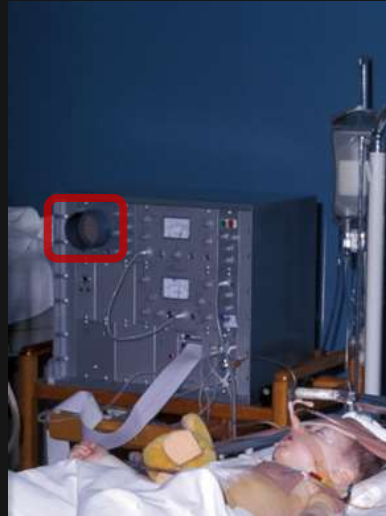


The Vest



Monitoring

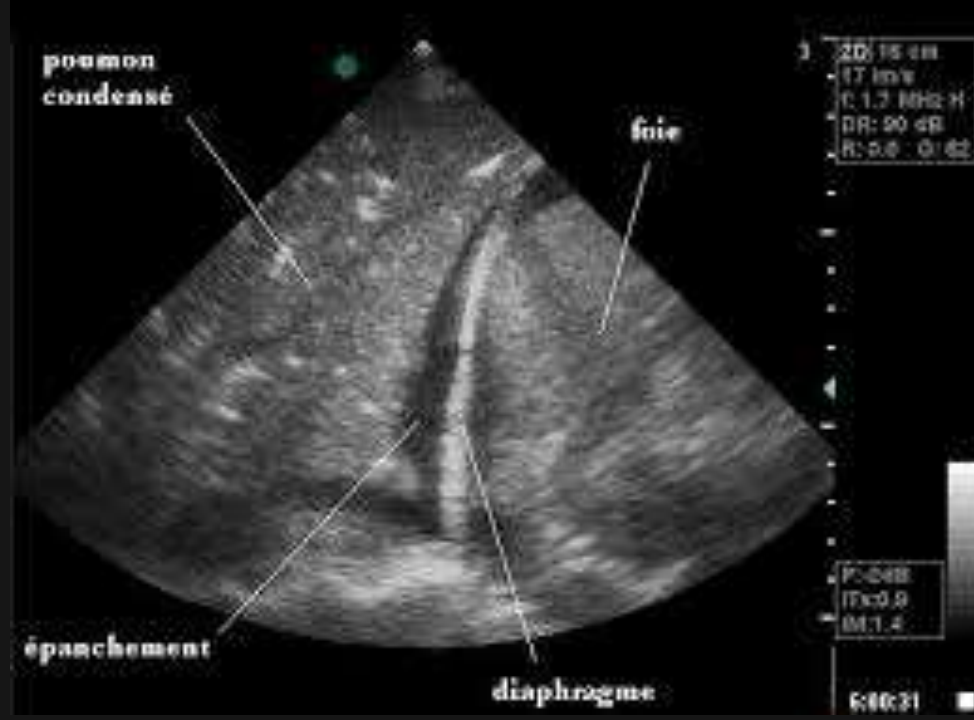
- F.R.
- F.C.
- P.A.
- Clinique
- Gaz sanguins
- SpO2
- Hémodynamique
- D.C..
-





Impédance électrique

Echographie



Evolution de la ventilation mécanique invasive

- V_t
- F.R
- Débit
- FiO_2 !!!!
- I/E

- Alarmes ???
- Pression ???
- Humidification ???



Setting
IMV



IMV (pressure)

Problèmes...

+ Volume ??

+ Synchronisation !!!

Le servo 900A de Siemens Eléma



- PEEP
- Soupir
- IMV – SIMV
- Monitoring
- FiO2...
- Sevrage respiratoire



VIII^e CONFÉRENCE DE CONSENSUS EN RÉANIMATION

avec la participation de la Société de Pneumologie
de Langue Française

LE SEVRAGE DE LA VENTILATION MÉCANIQUE CHEZ L'ADULTE

à l'exclusion des pathologies neurologiques et musculaires prédominantes

14 JUIN 1991

Faculté de Médecine - Amphithéâtre des Congrès
1, place de Verdun - 59045 Lille Cedex

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C. GIBERT (Paris)
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Réanimation 2001 ; 10 : 699-705

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S1624069301001992/FLA

TEXTE LONG

Sevrage de la ventilation mécanique (à l'exclusion du nouveau-né et du réveil d'anesthésie)

Jury du consensus : O. Richard*, J. Heydon, S. Cantagrel, A. Cuvelier, B. Fauroux,
B. Garo, L. Hozaef, O. Lestour, J. Levraut, E. Maury, C. Polet, N. Roche, J. Roeseler

Ventilation en pression contrôlée

Aide Inspiratoire

Alarmes

.....



Monitoring

Courbes

Boucles

Volume garanti





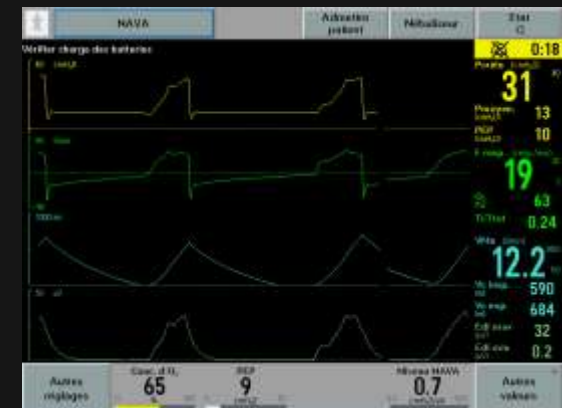
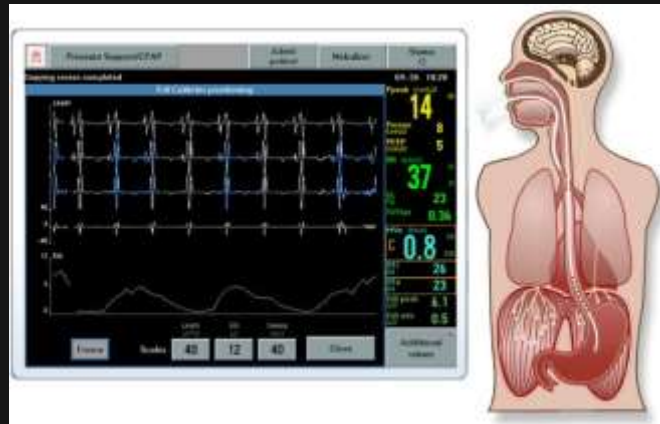
SYNCHRONISATION



PROPORTIONAL ASSIST VENTILATION (PAV+)

Neurally Adjusted Ventilatory Assist

« NAVA »



Lise Piquilloud
Laurence Vignaux
Emilie Bialais
Jean Roeseler
Thierry Sottiaux
Pierre-François Laterre
Philippe Jolliet
Didier Tassaux

Neurally adjusted ventilatory assist improves patient–ventilator interaction

J Clin Monit Comput
DOI 10.1007/s10877-012-9398-1

Variability

ORIGINAL RESEARCH

NAVA enhances tidal volume and diaphragmatic electro-myographic activity matching: a Range90 analysis of supply and demand

Katherine T. Moorhead • Lise Piquilloud • Bernard Lambermont •
Jean Roeseler • Yeong Shiong Chiew • J. Geoffrey Chase • Jean-Pierre Revelly •
Emilie Bialais • Didier Tassaux • Pierre-François Laterre • Philippe Jolliet •
Thierry Sottiaux • Thomas Desaive

Lise Piquilloud
Didier Tassaux
Emilie Bialais
Bernard Lambermont
Thierry Sottiaux
Jean Roeseler
Pierre-François Laterre
Philippe Jolliet
Jean-Pierre Revelly

Neurally adjusted ventilatory assist (NAVA) improves patient–ventilator interaction during non-invasive ventilation delivered by face mask



HELIOX



Christine Watremez
Jean Roeseler
Marc De Kock
Thierry Clerbaux
Bruno Detry
Claude Veriter
Marc Reynaert
Pierre Gianello
Philippe Jolliet
Giuseppe Liistro

An improved porcine model of stable methacholine-induced bronchospasm

Intensive Care Medicine
© Springer-Verlag 2003
10.1007/s00134-003-1779-y

Experimental

Effects of helium-oxygen on respiratory mechanics, gas exchange, and ventilation-perfusion relationships in a porcine model of stable methacholine-induced bronchospasm

Christine Watremez², Giuseppe Liistro³, Marc deKock², Jean Roeseler⁴,
Thierry Clerbaux¹, Bruno Detry³, Marc Reynaert⁴, Pierre Gianello⁵ and
Philippe Jolliet¹ 

Effects of helium-oxygen on intrinsic positive end-expiratory pressure in intubated and mechanically ventilated patients with severe chronic obstructive pulmonary disease

Didier Tassaux, MD; Philippe Jolliet, MD; Jean Roeseler, RT; Jean-Claude Chevrolet, MD

Objective: To test the hypothesis that replacing 70:30 nitrogen-oxygen (Air-O₂) with 70:30 helium-oxygen (He-O₂) can decrease dynamic hyperinflation ("intrinsic" positive end-expiratory pressure) in mechanically ventilated patients with chronic obstructive pulmonary disease (COPD), and to document the consequences of such an effect on arterial blood gases and hemodynamics.

Design: Prospective, interventional study.

Setting: Medical intensive care unit, university tertiary care center.

Patients: Twenty-three intubated, sedated, paralyzed, and mechanically ventilated patients with COPD enrolled within 36 hrs after intubation.

Interventions: Measurements were taken at the following time points, all with the same ventilator settings: a) baseline; b) after 45 mins with He-O₂; c) 45 mins after return to Air-O₂. The results were then compared to those obtained in a test lung model using the same ventilator settings.

Main Results (mean ± se): Trapped lung volume and intrinsic positive end-expiratory pressure decreased during He-O₂ ventilation (215 ± 125 mL vs. 99 ± 15 mL, and 9 ± 2.5 cm H₂O vs. 5 ± 2.7 cm H₂O, respectively; *p* < .05). Likewise, peak and mean airway pressures declined with He-O₂ (30 ± 5 cm H₂O vs. 25 ± 6 cm H₂O and 8 ± 2 cm H₂O vs. 7 ± 2 cm H₂O, respectively; *p* <

.05). These parameters all rose to their baseline values on return to Air-O₂ (*p* < .05 vs. values during He-O₂). These results were in accordance with those obtained in the test lung model. There was no modification of arterial blood gases, heart rate, or mean systemic arterial blood pressure. In 12/23 patients, a pulmonary artery catheter was in place, allowing hemodynamic measurements and venous admixture calculations. Switching to He-O₂ and back to Air-O₂ had no effect on pulmonary artery pressures, right and left ventricular filling pressures, cardiac output, pulmonary and systemic vascular resistance, or venous admixture.

Conclusion: In mechanically ventilated COPD patients with intrinsic positive end-expiratory pressure, the use of He-O₂ can markedly reduce trapped lung volume, intrinsic positive end-expiratory pressure, and peak and mean airway pressures. No effect was noted on hemodynamics or arterial blood gases. He-O₂ might prove beneficial in this setting to reduce the risk of barotrauma, as well as to improve hemodynamics and gas exchange in patients with very high levels of intrinsic positive end-expiratory pressure. (Crit Care Med 2000; 28:2721–2728)

Key Words: chronic obstructive pulmonary disease; mechanical ventilation; intrinsic positive end-expiratory pressure; helium; helium; gas exchange

Helium-oxygen versus air-oxygen noninvasive pressure support in decompensated chronic obstructive disease: A prospective, multicenter study*

Philippe Jolliet; Didier Tassaux; Jean Roeseler; Luc Burdet; Alain Broccard; William D'Hoore; François Borst; Marc Reynaert; Marie-Denise Schaller; Jean-Claude Chevrolet

Objective: To study whether noninvasive pressure support ventilation (NIPSV) with helium/oxygen (He/oxygen), which can reduce dyspnea, PaCO₂, and work of breathing more than NIPSV with air/oxygen in decompensated chronic obstructive pulmonary disease, could have beneficial consequences on outcome and hospitalization costs.

Design: Prospective, randomized, multicenter study.

Setting: Intensive care units of three tertiary care university hospitals.

Patients: All patients with chronic obstructive pulmonary disease admitted to the intensive care units for NIPSV during a 24-month period.

Interventions: Patients were randomized to NIPSV with air/oxygen or He/oxygen. NIPSV settings, number of daily trials, decision to intubate, and intensive care unit and hospital discharge criteria followed standard practice guidelines.

Results: A total of 123 patients (male/female ratio, 71/52; age,

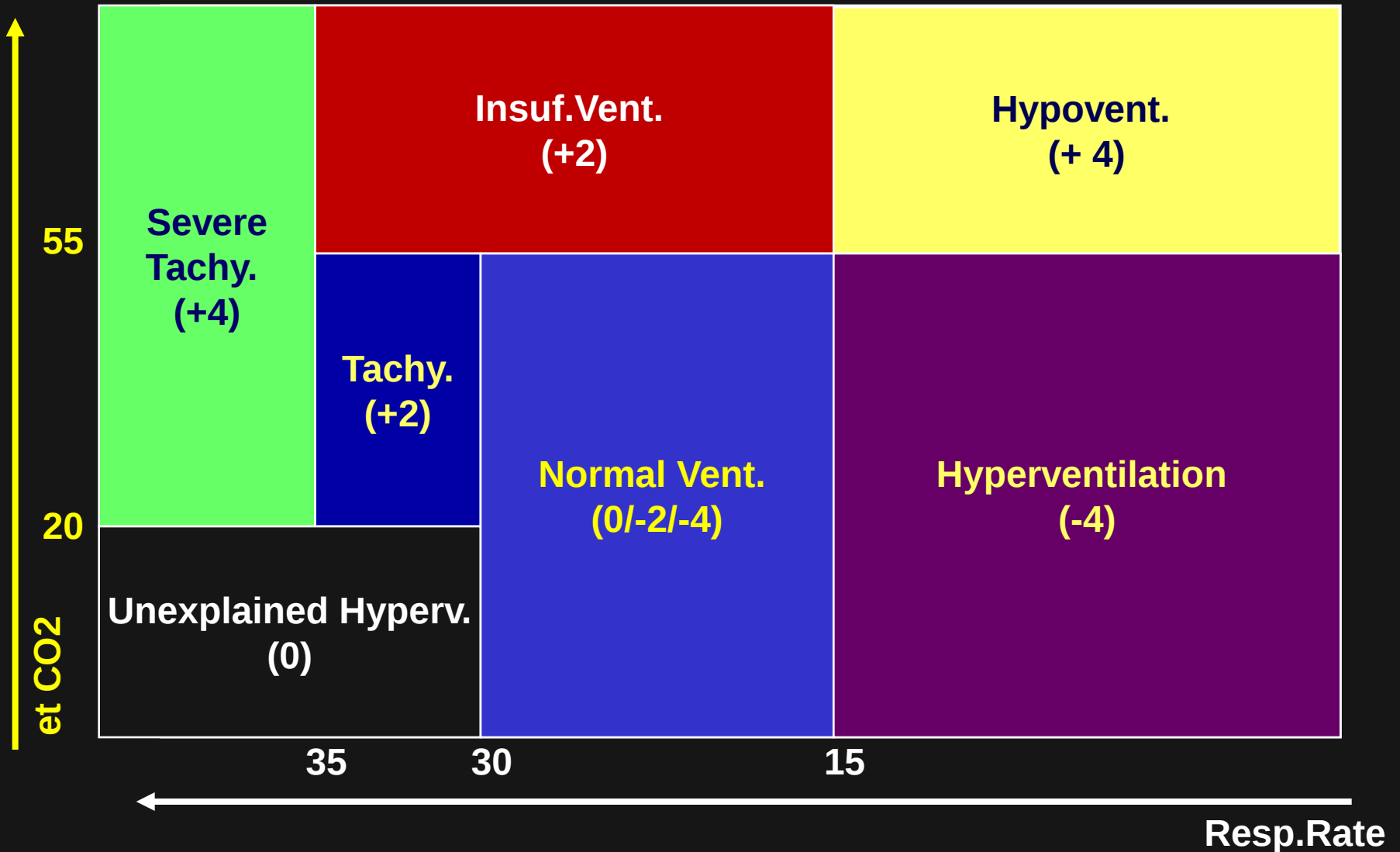
71 ± 10 yrs, Acute Physiology and Chronic Health Evaluation II, 17 ± 4) were included. Intubation rate (air/oxygen 20% vs. He/oxygen 13%) and length of stay in the intensive care unit (air/oxygen 6.2 ± 5.6 vs. He/oxygen 5.1 ± 4 days) were comparable. The post-intensive care unit hospital stay was lower with He/oxygen (air/oxygen 19 ± 12 vs. He/oxygen 13 ± 6 days, *p* < .002). Cost of NIPSV gases was higher with He/oxygen, but total hospitalization costs were lower by \$3,348 per patient with He/oxygen. No complications were associated with the use of He/oxygen.

Conclusion: He/oxygen did not significantly reduce intubation rate or intensive care unit stay, but hospital stay was shorter and total costs were lower. He/oxygen NIPSV can be safely administered and could prove to be a cost-effective strategy. (Crit Care Med 2003; 31:878–884)

Key Words: mechanical ventilation; noninvasive ventilation; helium; helium; chronic obstructive pulmonary disease; outcome

AUTOMATISATION

(Smartcare™)



"Adaptive support ventilation" (ASV)

13 P_{max}
cmH₂O

9 P_{mo}
cmH₂O

6.6 VolMinExp
l/min

482 VTE
ml

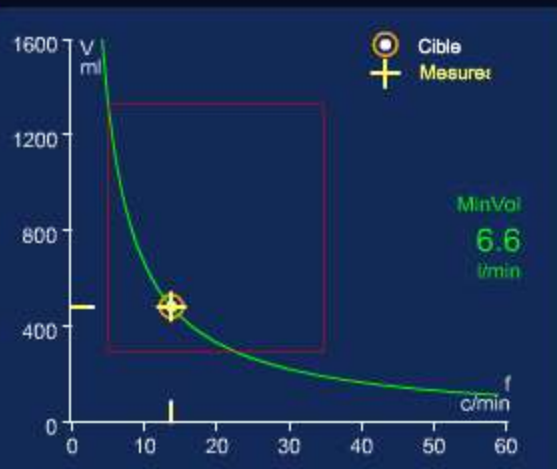
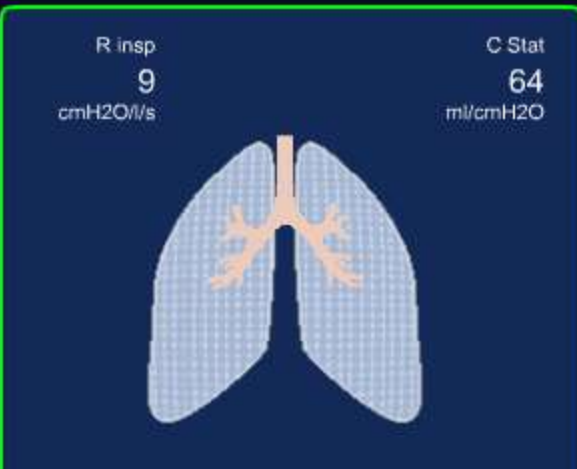
14 F_{tot}
c/min

13 P_{pointe}
cmH₂O

13 P_{plateau}
cmH₂O

9 P_{mo}
cmH₂O

5 PEP



ASV
Adulte

100
%
%VolMin

5
cmH₂O
PEP

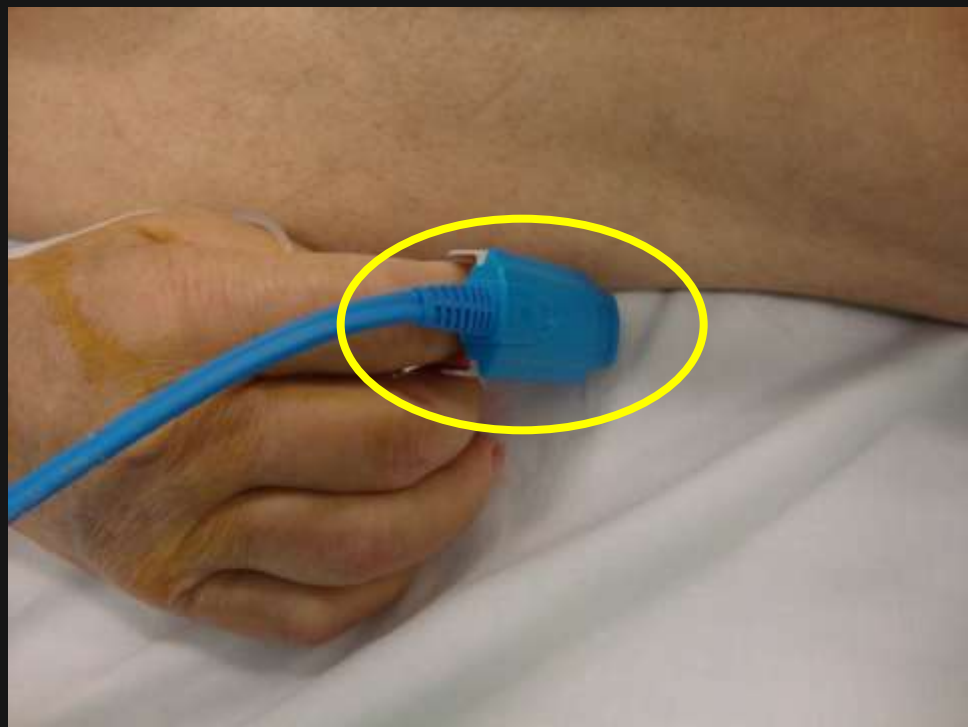
50
%
Oxygène

Contrôles

Poids idéal
66 Kg

"Adaptive support ventilation"

+ INTELLIVENT



Patient

Additions

Modes

40
5

14

Ppeak
cmH2O

10
4

9

Pmean
cmH2O

750
250

7.5

ExpMinVol
l/min

23
8

538

VTE
ml

14

fTotal
b/min

14

Ppeak
cmH2O

13

Pplateau
cmH2O

9

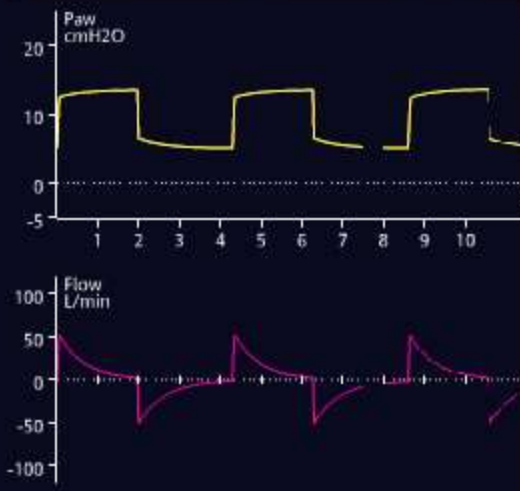
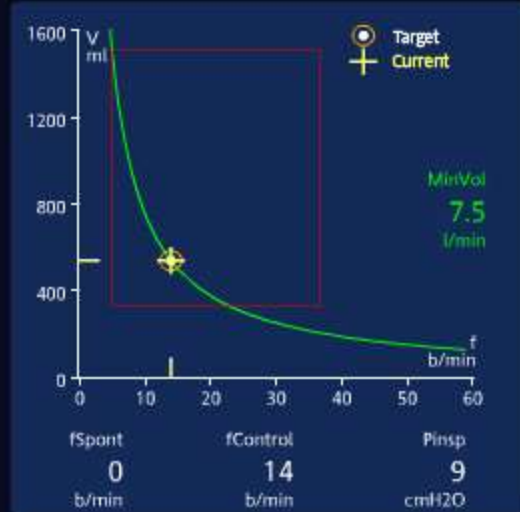
Pmean
cmH2O

5

PEEP/CPAP
cmH2O

5.0

Pminimum
cmH2O



CO2 elimination

etCO2
in range

MinVol
Automatically
maintaining %MinVol
target

14
Ppeak

38
PetCO2

Oxygenation

SpO2
too high

PEEP
Automatically
maintained PEEP

Oxygen
Automatic decrease of
oxygen

5
PEEP

98
SpO2



1/2



100
%
%MinVol

5
cmH2O
PEEP/CPAP

49
%
Oxygen

Controls

Alarms

Monitoring

Graphics

Tools

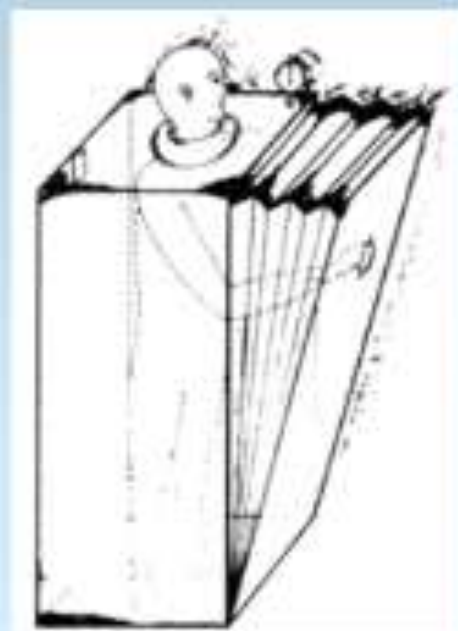
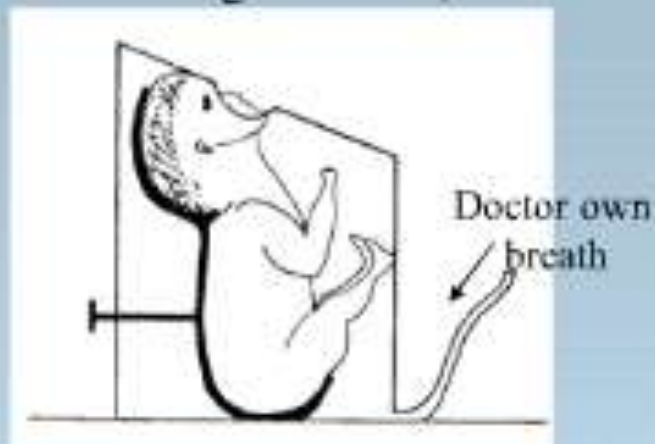
Events

System



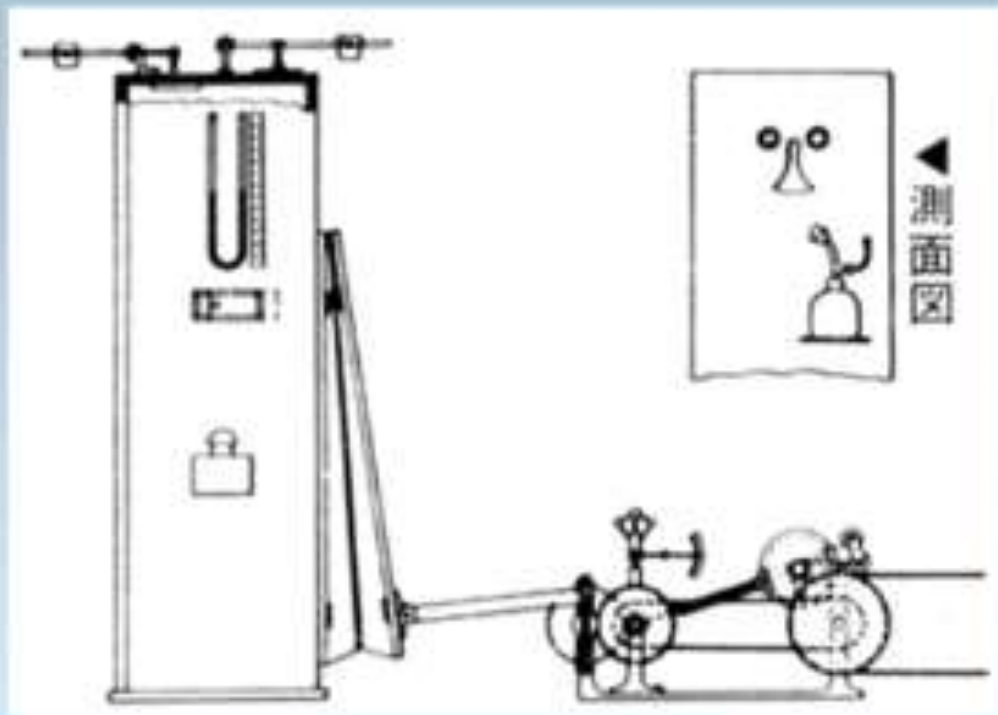
VENTILATION MECANIQUE NON INVASIVE

1900 : Egon Braun, 1899



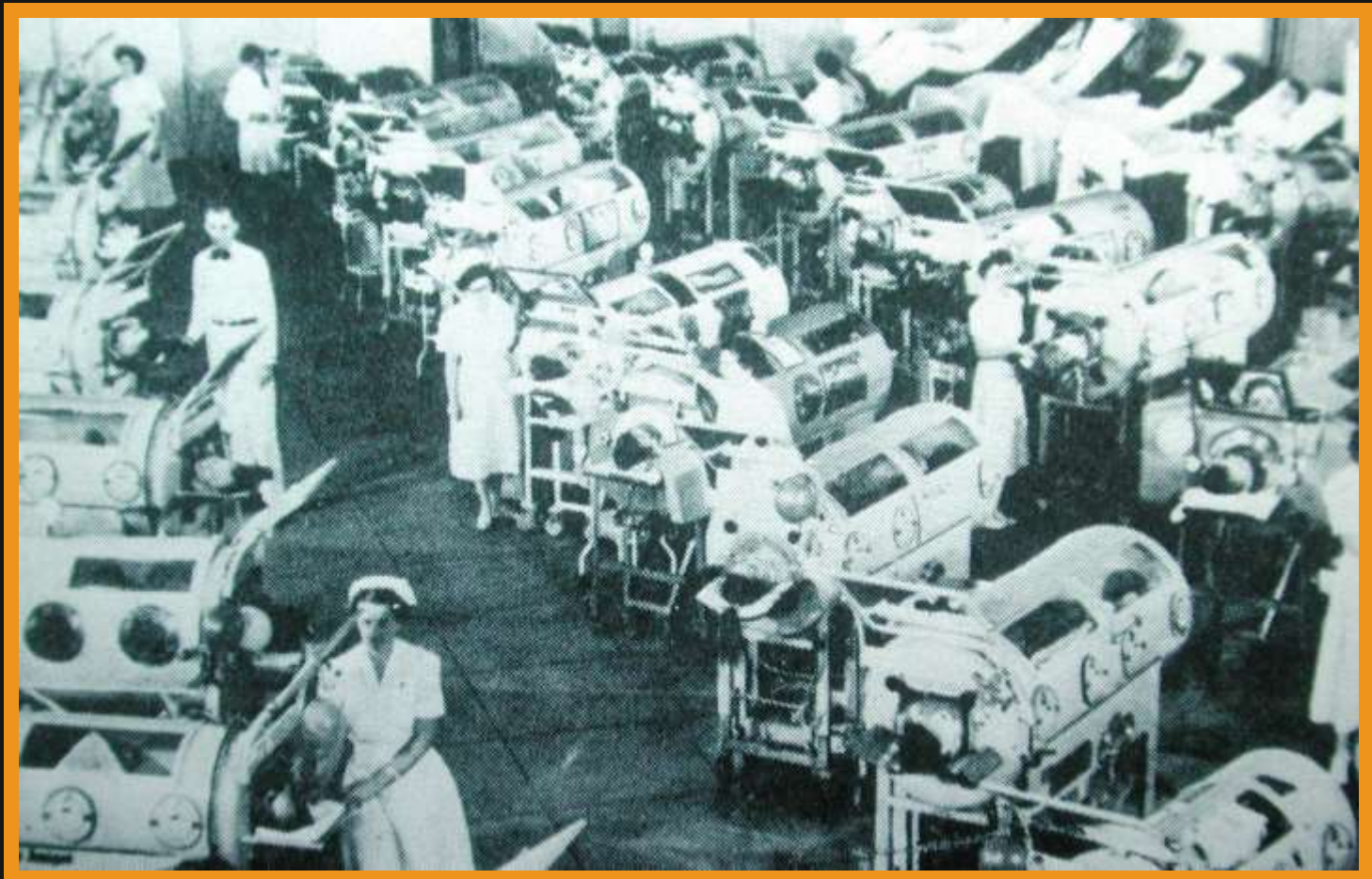
Chambre pneumatique de W. Shake, 1926

Les années folles.



M L Severy, 1916

Années 50 épidémies de polio (Copenhague – Los Angeles)

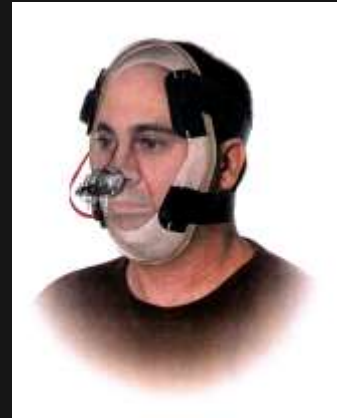








Evolution of the interfaces





Conférence de consensus commune

**Ventilation Non Invasive
au cours de l'insuffisance respiratoire aiguë
(nouveau-né exclu)**

12 octobre 2006 - Paris



Réanimation



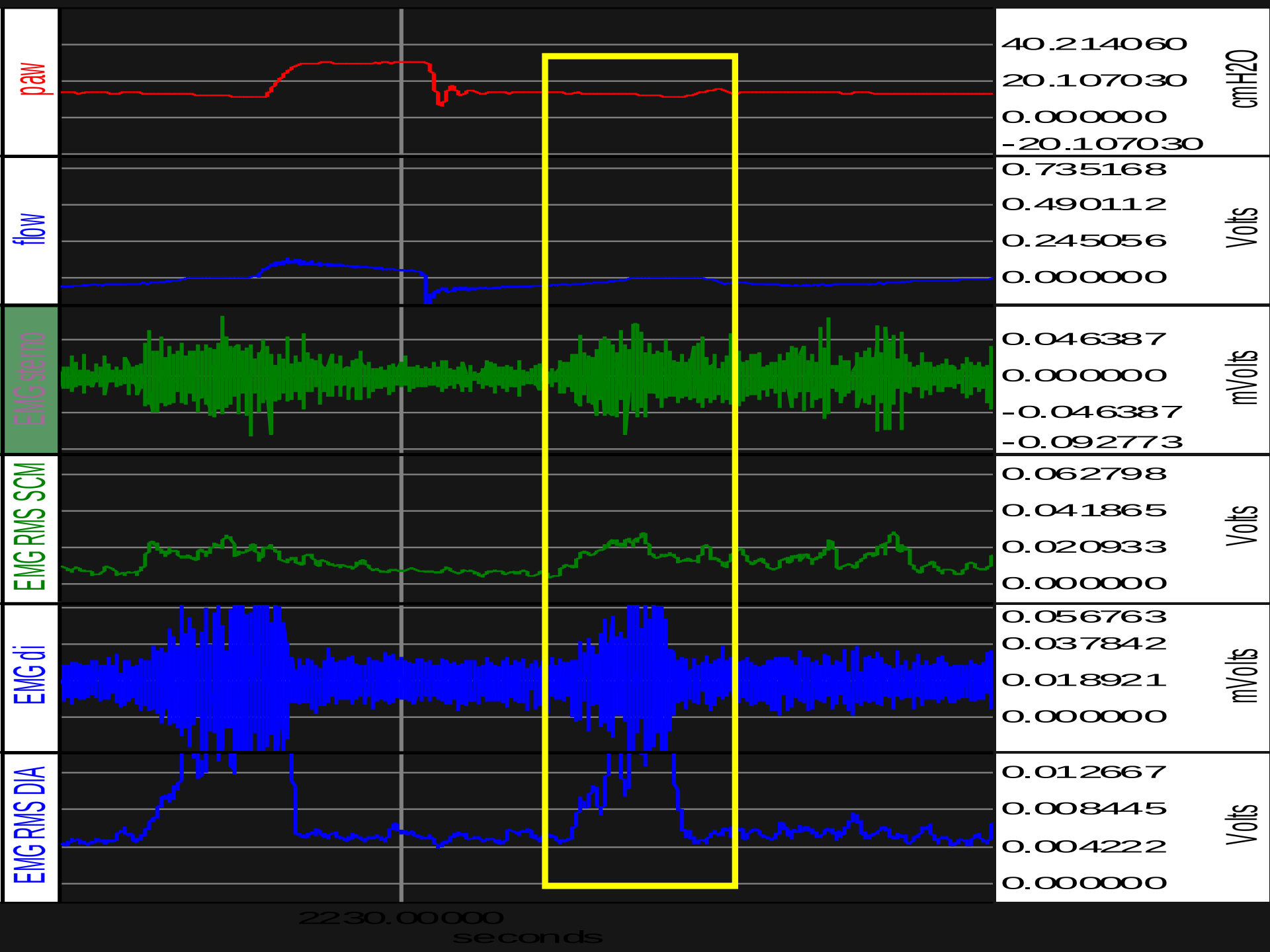
**Maladies
Respiratoires**



**annales
françaises
ANESTHÉSIE
RÉANIMATION**

STOP ou ENCORE ?

Synchronisation



MOBILISATION

Journal of
APPLIED
PHYSIOLOGY

VOLUME II

NOVEMBER 1949

NUMBER 5

*Effects of Bed Rest on Cardiovascular Function
and Work Performance¹*

HENRY LONGSTREET TAYLOR, AUSTIN HENSCHER,
JOSEF BROŽEK AND ANCEL KEYS. *From the Laboratory of
Physiological Hygiene, University of Minnesota, Minneapolis, Minne-
sota*

CHEST, 68: 4, OCTOBER, 1975



FIGURE 1. Device for early ambulation of patients requiring ventilatory assistance.





Protocole de mobilisation précoce



M. Patri, J.Roeseler, E. Bialais, C.Hickmann et J. Dugernier

Unité de Soins Intensifs
UCL Cliniques Universitaires Saint Luc
Bruxelles
2013

ADMISSION UNITÉ DE SOINS INTENSIFS

PLAN DE MOBILISATION PRÉCOCE

Evaluer **BALANCE RISQUE-BÉNÉFICE** avec **EQUIPE MULTIDISCIPLINAIRE**
Favoriser une sédation minimale pour la mobilisation active

CRITÈRES D'EXCLUSION

- Chute symptomatique de PAM < 65 mmHg
- PAS > 180 mmHg, durée ≥ 5 min
- FC < 40 ou > 130 bpm, durée ≥ 5 min
- FR < 8 ou > 40 rpm, durée ≥ 5 min
- SpO2 < 88%, durée ≥ 5 min
- Saignement actif
- Hémoglobine < 8,5 mg/dl
- HTA instable
- Ischémie myocardique les dernières 24 hrs
- Fractures instables
- Patient très agité/combatif (RASS +3, +4)

OUI

REEVALUER
CONDITION

Au quotidien
Avant chaque
séance

CRITÈRES DE PAUSE

- SpO2 < 88% avec supplément d'oxygène pendant l'activité
- FC > 130 bpm
- Désynchronisation patient respirateur mécanique
- FR > 40 rpm
- Douleur
- Dyspnée modérée
- Demande de pause de la part du patient

CRITÈRES D'ARRÊT

- Perte de conscience > 3 min des paramètres de pause
- Hypotension associée à vertiges, évanouissement, et/ou dyspnée
- FC < 40 bpm
- Changement significatif du rythme cardiaque
- Mise en jeu des muscles accessoires
- Pattern respiratoire paradoxal
- Dyspnée modérée
- FR > 40 rpm
- Retrait accidentel d'un dispositif invasif (ex. Tube orotrachéal, cathéter)
- Douleur thoracique significative
- Pâleur excessive
- Douleur continue malgré analgésie
- Demande d'arrêt de la part du patient

EVALUATION ETAT DE CONSCIENCE

Echelle de RASS (Patient sédaté)
Echelle de Glasgow (Patient en condition neurologique)

CATÉGORIE I

RASS -3 ou -2
ou GLASGOW ≤ 8

PATIENT INCONSCIENT

- Mobilisation passive, active-aidée (chaque articulation, dans chaque degré de liberté) 2/jour
- Étirements muscle-tendineux 2/jour
- Cycloergomètre au lit 20-30 min, 1-2/jour
- Electrostimulation gros groupes musculaires 30 min, 1/jour

FAVORABLE

CATÉGORIE II

PAS SÉDATÉ ou RASS -1 ou +1
ou GLASGOW > 8

PATIENT ÉVEILLÉ

DÉTERMINER

- **Séquence cardiovasculaire:**
PAM > 60 mmHg
Absence hypotension orthostatique
- **Séquence pulmonaire:**
SpO2 > 90%
Pattern respiratoire satisfaisant
- **Température:**
> 35 et < 38,5

EVALUATION FORCE MUSCULAIRE (Voir Annexe)

FAVORABLE

M0 à M2:	
- Mobilisation passive, active-aidée	2/jour
- Étirements muscle-tendineux	
- Cycloergomètre au lit	20-30 min, 1-2/jour
- Table de verticalisation	1/jour
- Assis bord du lit (Contrôle du tronc, équilibre)	1-2/jour
- Transfert passif au fauteuil (avec assistance ou dispositif lève malade)	1/jour
- Electrostimulation	30 min, 1-2/jour
M3:	
- Activation des Extrémités Supérieures (ES)	2/jour
- Assis bord du lit et transfert au fauteuil actif-aidé	1/jour
- En station debout (transfert actif-aidé):	
Initier exercices pré-ambulateurs	
Charge de poids sur Extrémités Inférieures (EI)	
- Au fauteuil:	
Travail dynamique des ES, du tronc axial, de l'équilibre de trans	1/jour
- Cycloergomètre EI au fauteuil ou au lit	20-30 min, 1-2/jour
- Exercices PNF et étirements musculo-tendineux	2/jour (commencé après Cycloergomètre)
M4-M5:	
- Assis bord du lit et transfert au fauteuil actif-aidé	1/jour
- En station debout:	
Exercices pré-ambulateurs (charge de poids et marche sur place)	
- Cycloergomètre au fauteuil	
ES: 5-15 min, 1-2/jour	
EI: 20-30 min, 1-2/jour	
- Exercices PNF et étirements musculo-tendineux	2/jour (commencé après Cycloergomètre)
- Travail sur proce memb inf	1-2/jour
- Marche avec assistance	1/jour

Intensité, durée et
fréquence doivent
être adaptées à la
tolérance et à la
capacité du
patient

MARCHE SOUS VM

CONSIGNES DE SÉCURITÉ
(Voir Annexe)





LEVOPHED
20 + 32464







Conclusions

Enseignement



Chercheur



Connaissances spécifiques



Curieux - Re.K.Re



Curieux

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Votre destin est entre vos mains ...



**Merci pour votre
attention**