

Recrutement alvéolaire

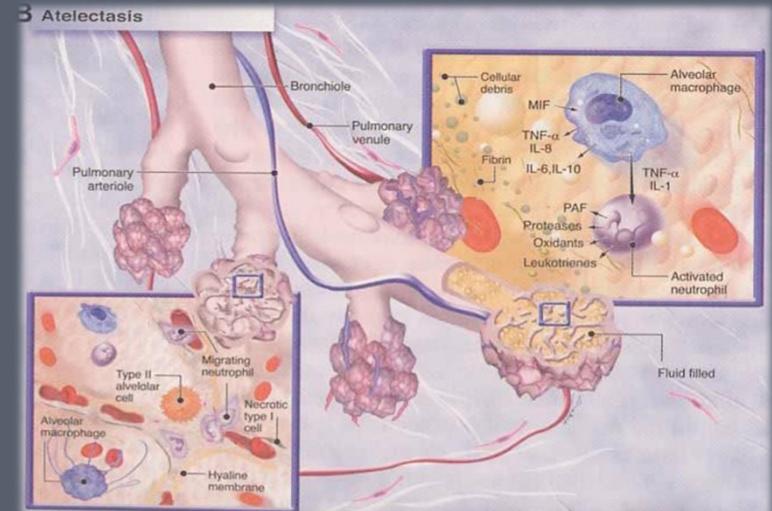
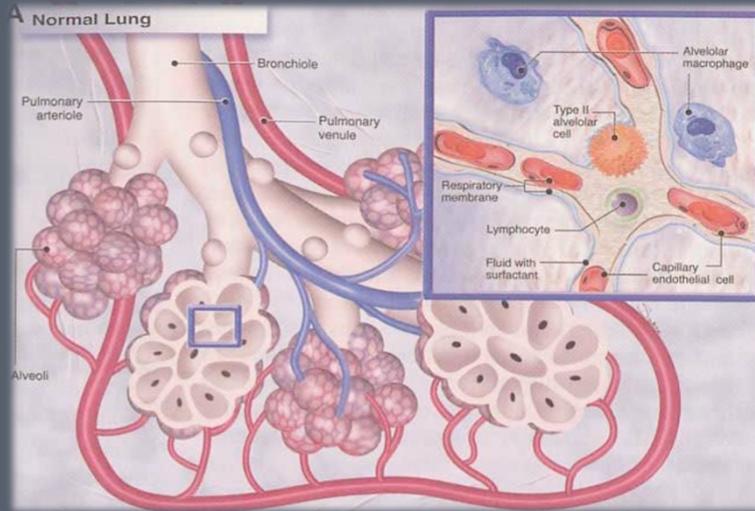
C.P.A.P. : le Pour

Marianne Devroey

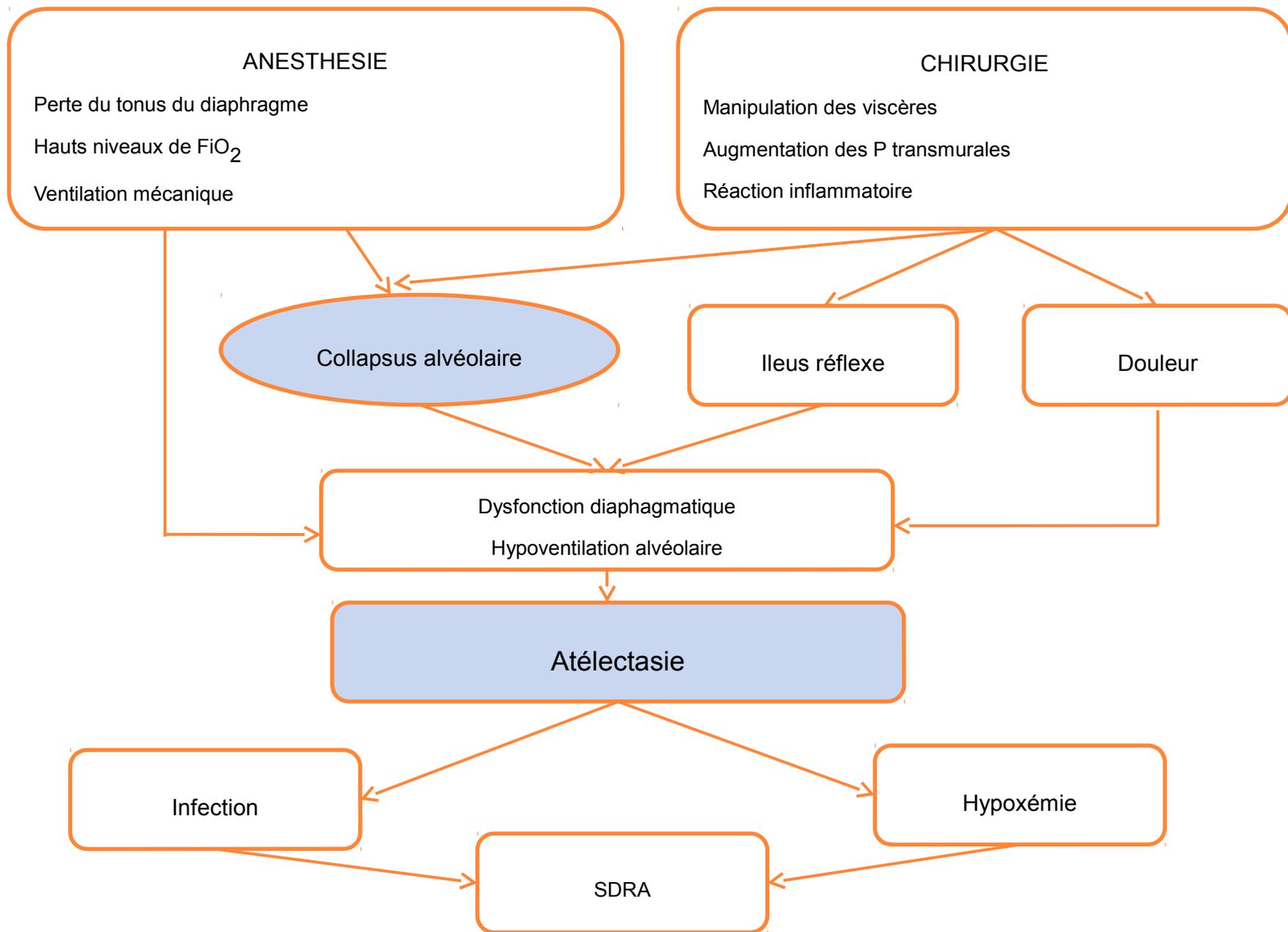
Département des Soins Intensifs

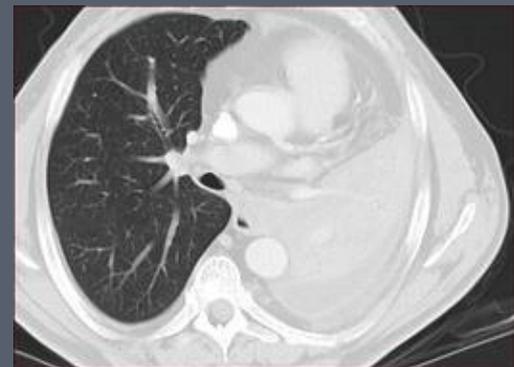
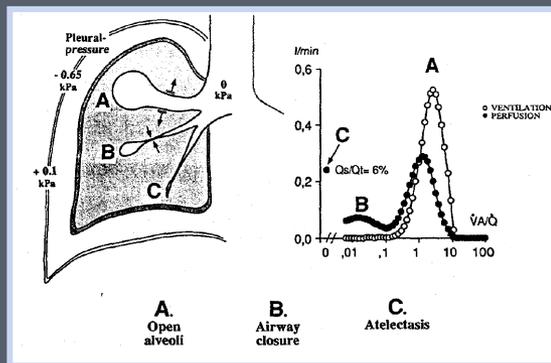
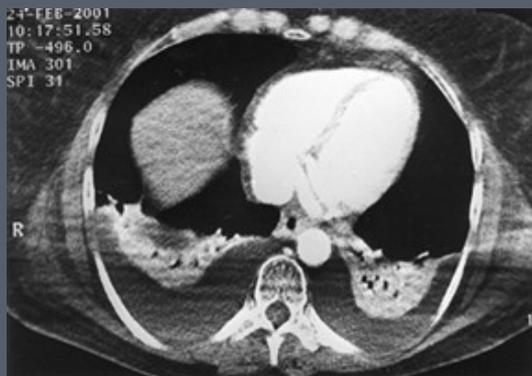
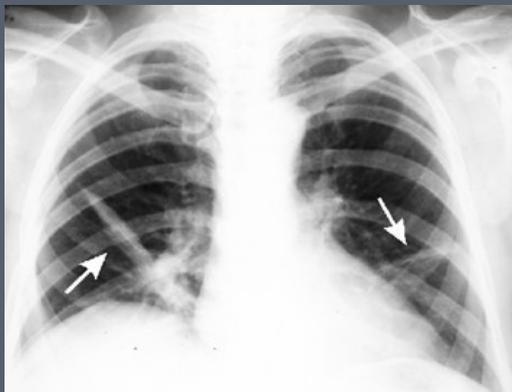
CUB Erasme (1070 Bruxelles)





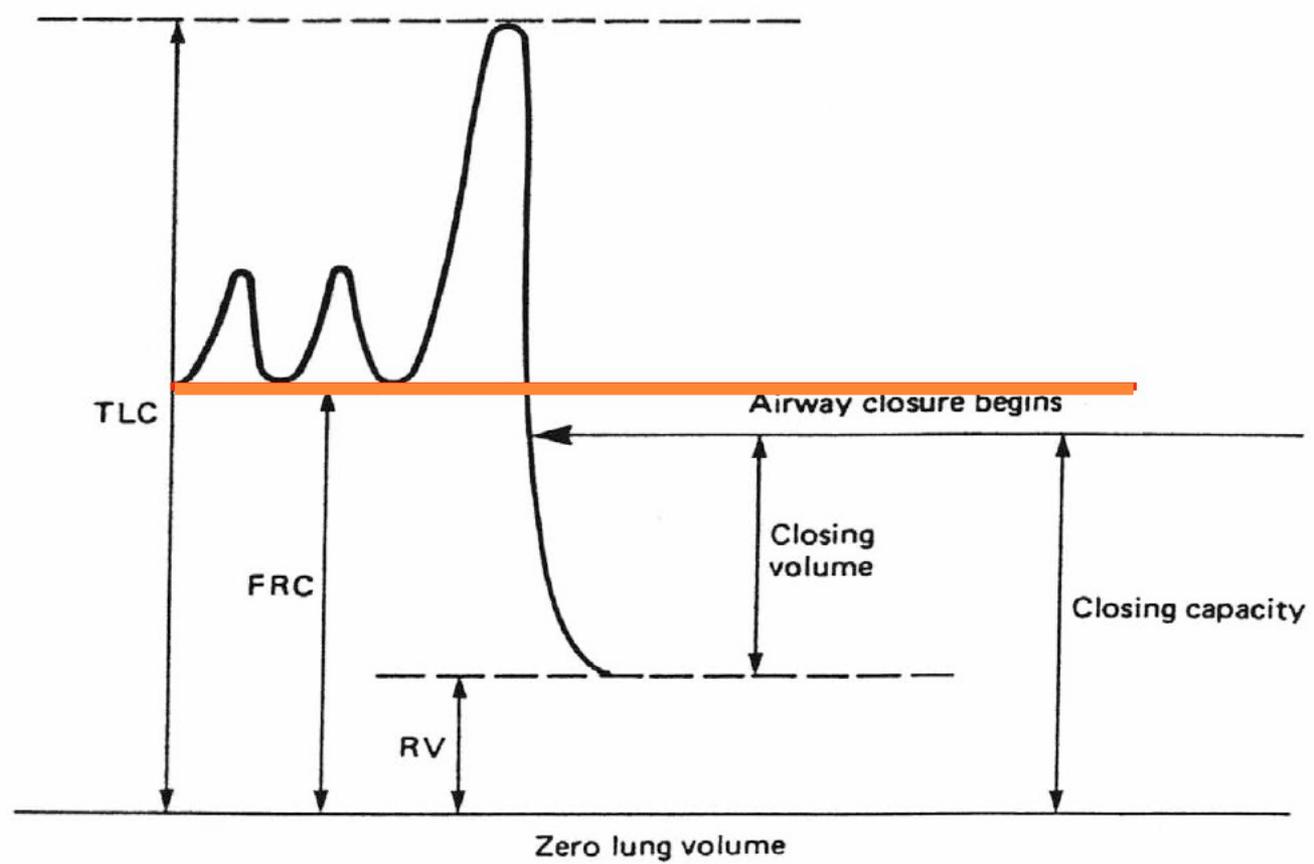
Dérecrutement alvéolaire: Physiopathologie et prise en charge



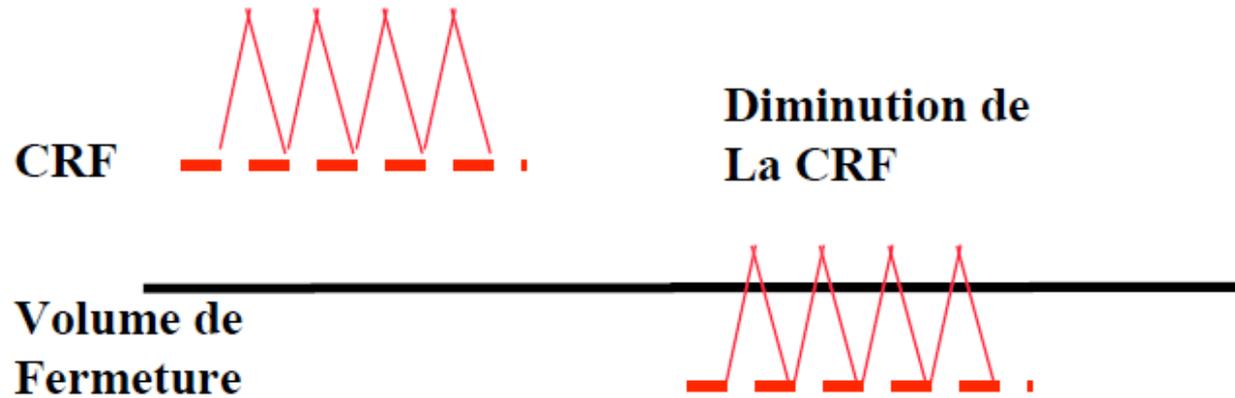


Principales causes des atélectasies

Les volumes et les capacités pulmonaires

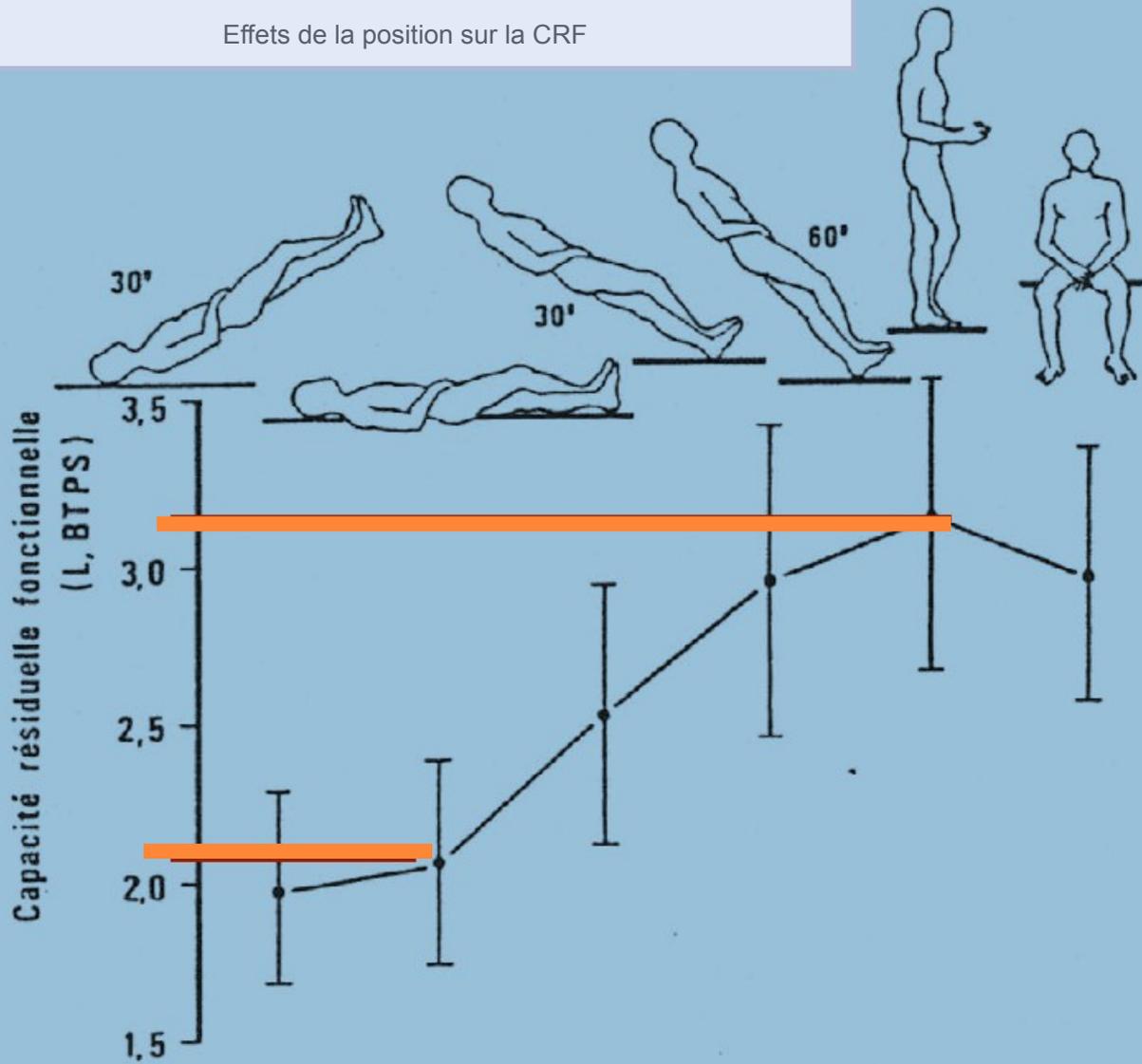


Principale cause:
baisse de la CRF en dessous du volume de fermeture

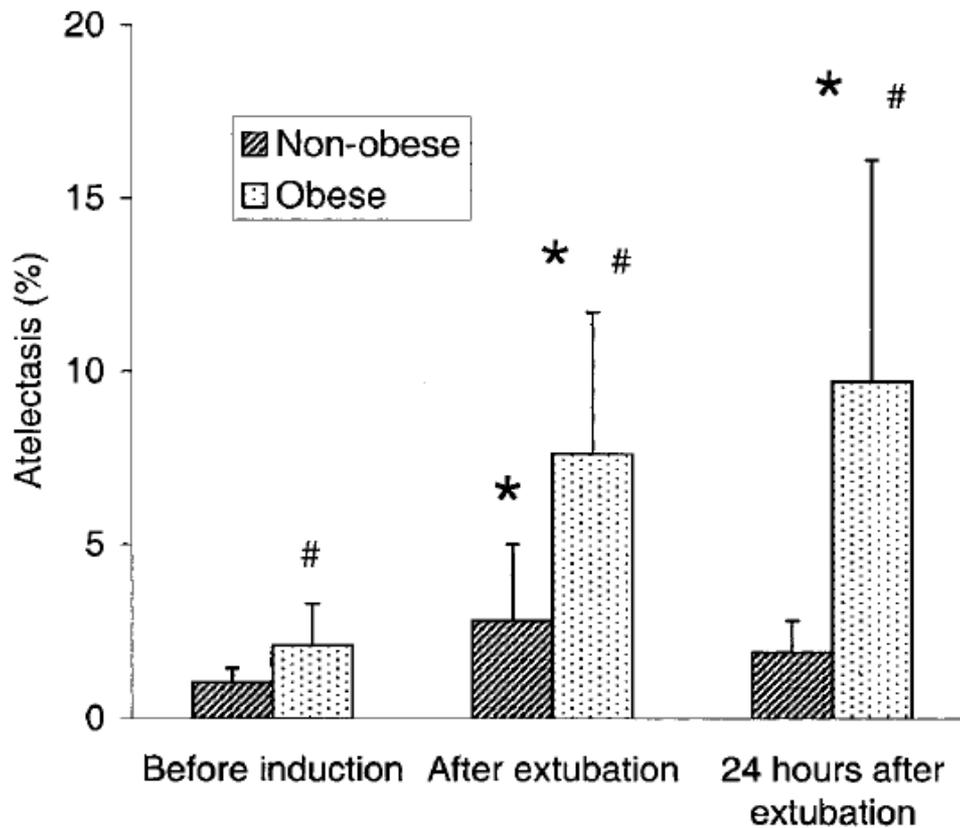


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Effets de la position sur la CRF



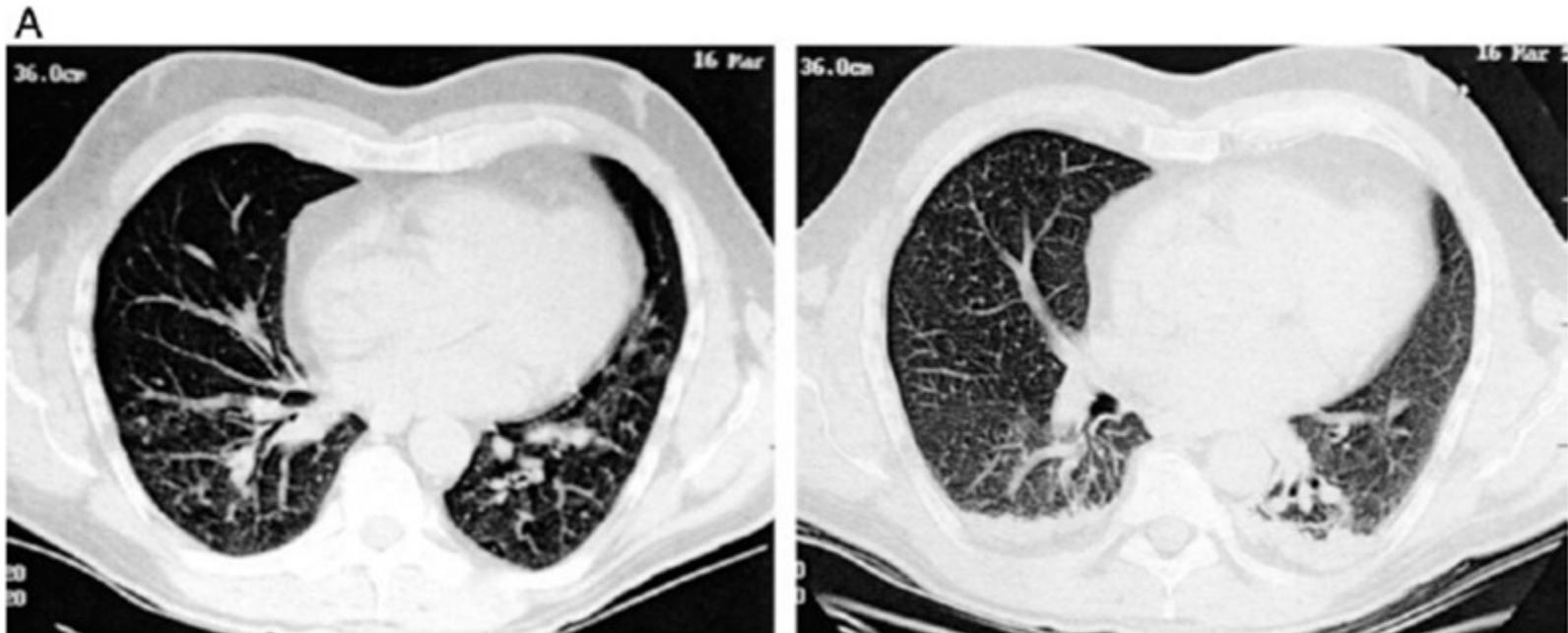
Obésité et atélectasies post-opératoires



Prevention of Atelectasis Formation During Induction of General Anesthesia

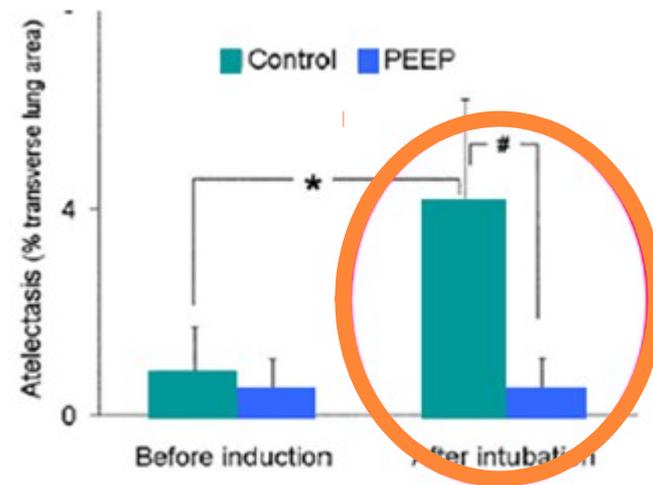
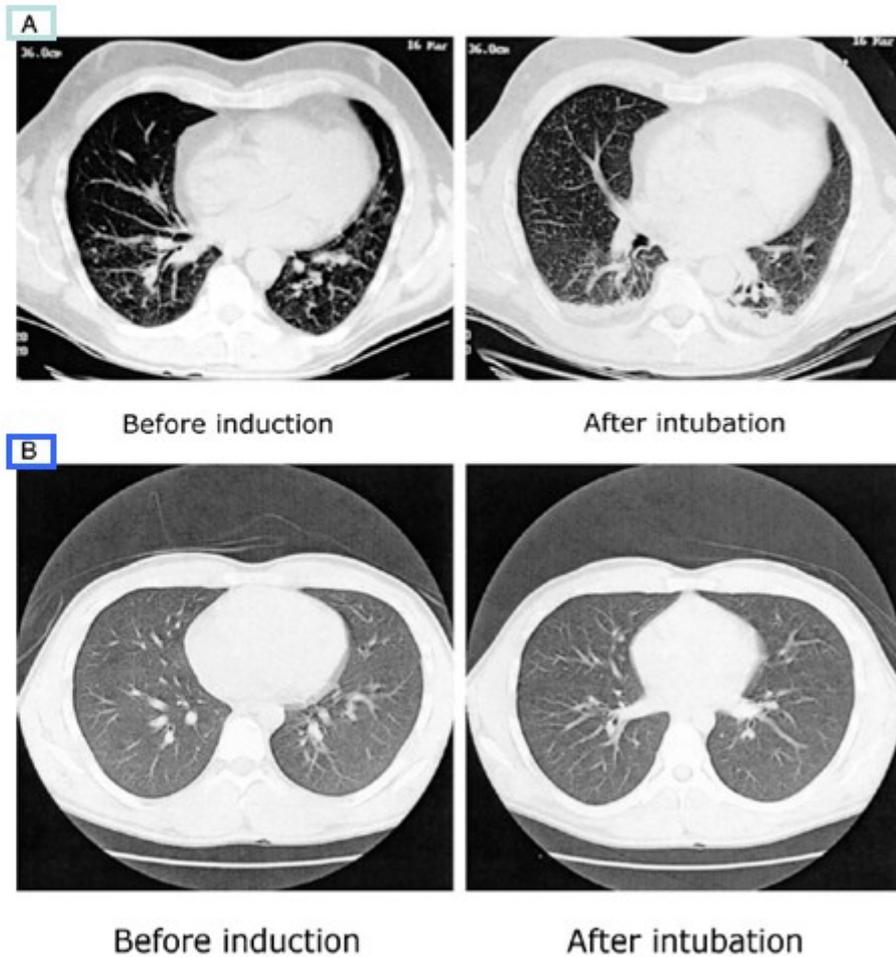
Marco Rusca, MD*, Stefania Proietti, MD†, Pierre Schnyder, MD†, Philippe Frascarolo, PhD*, Göran Hedenstierna, MD, PhD‡, Donat R. Spahn, MD*, and Lennart Magnusson, MD, PhD*

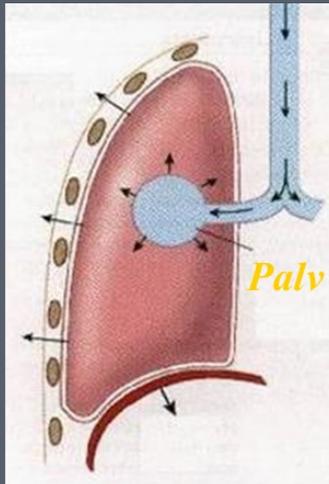
Anesth Analg 2003;97:1835-9



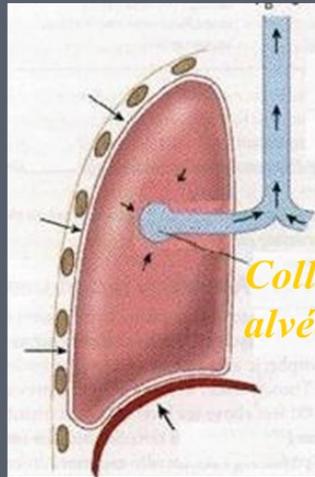
Après quelques minutes

PEEP (B) ou non (A) à l'induction et prévention des atelectasies



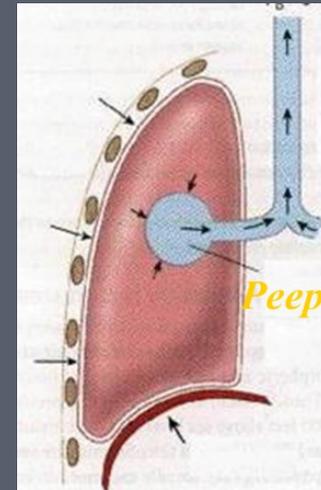


Inspiration



Expiration

+ Peep



Expiration

Conséquences ventilatoires de la CPAP

- Amélioration des échanges gazeux:

- Augmentation du recrutement alvéolaire, avec redistribution du liquide alvéolaire si œdème
- élévation de la CRF et amélioration de l'oxygénation
- Augmentation du rapport ventilation/perfusion

- Baisse des résistances pulmonaires

- Diminution du travail respiratoire

Bradley et al, ARRD 1992

Baratz et al, Chest 1992

Lenique et al, AJRCCM 1997

Chadda et al, CCM 2002



CPAP & Chirurgie cardiaque

❖ Comparaison entre CPAP et prise en charge standard (oxygénothérapie + kinésithérapie)

- Amélioration de l'oxygénation et de certains paramètres ventilatoires
- Aucune diminution de l'incidence des atélectasies dans les groupes traités par CPAP

Jousela I et al, Acta Anaesthesiol Scand 1994

❖ Utilisation préventive de la VNI pendant 48h post chirurgie (N=96)

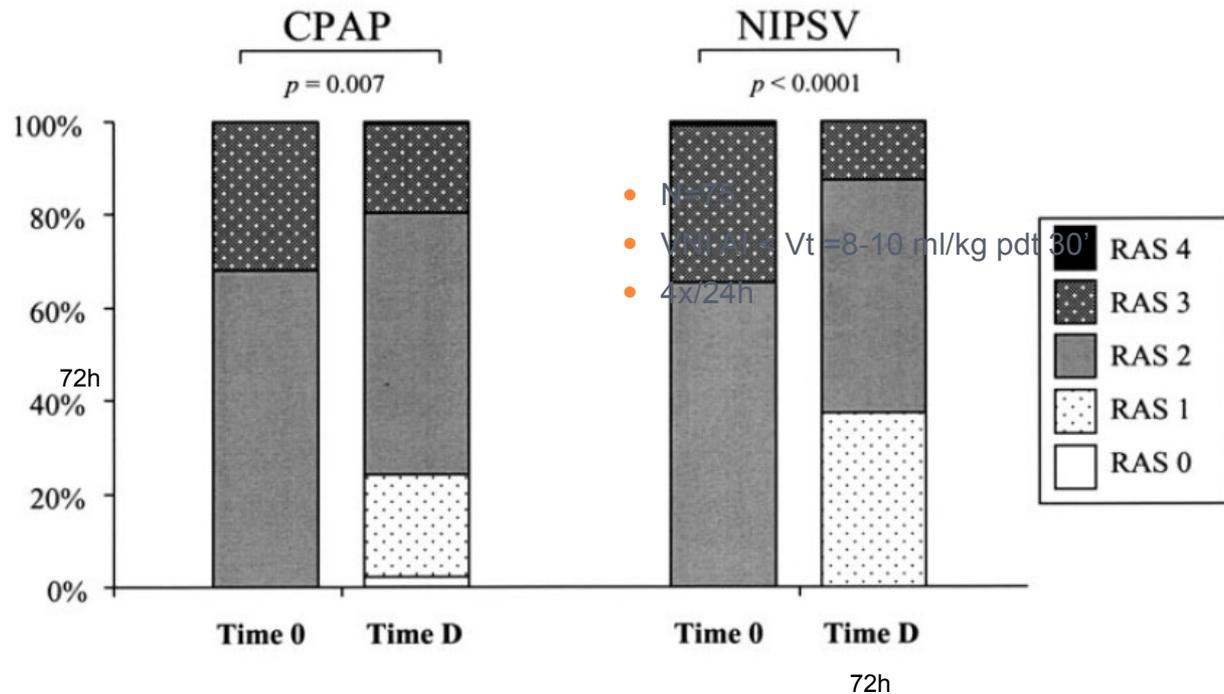
- Groupe 1: BiPAP(1h/3) AI = 12cmH₂O - Peep = 5 cmH₂O
- Groupe 2: CPAP (1h/3) Peep = 5 cmH₂O
- Groupe 3: IS (20 minutes/2h)
- Amélioration de l'oxygénation et réduction de l'amputation des volumes pulmonaires dans les groupes 1 et 2
- Incidence des atélectasies (12-15%) comparables dans les 3 groupes

Matte P et al Acta Anaesthesiologica Scandinavica 2000

Continuous Positive Airway Pressure Versus Noninvasive Pressure Support Ventilation to Treat Atelectasis After Cardiac Surgery

Patrick Pasquina, RN*, Paolo Merlani, MD†, Jean Max Granier, RN*, and Bara Ricou, MD†

- N=75
- CPAP 5 cmH₂O pdt 30'
- 4x/24h



(Anesth Analg 2004;99:1001-8)

Continuous Positive Airway Pressure Versus Noninvasive Pressure Support Ventilation to Treat Atelectasis After Cardiac Surgery

Patrick Pasquina, RN*, Paolo Merlani, MD†, Jean Max Granier, RN*, and Bara Ricou, MD†

Variables	CPAP N=75	VNI N=75
pH	7.47	7.46
PaCO ₂ (mmHg)	36	35
PaO ₂ /FiO ₂ (mmHg)	280	301
Vt (ml)	1080	1110
VEMS (ml)	880	900
Durée de séjour en réa (H)	65	60
Durée de séjour à l'hôpital (J)	14	13
Mortalité en réa (n)	1	0
Mortalité à l'hôpital (n)	0	0

(Anesth Analg 2004;99:1001–8)



CPAP & Chirurgie digestive

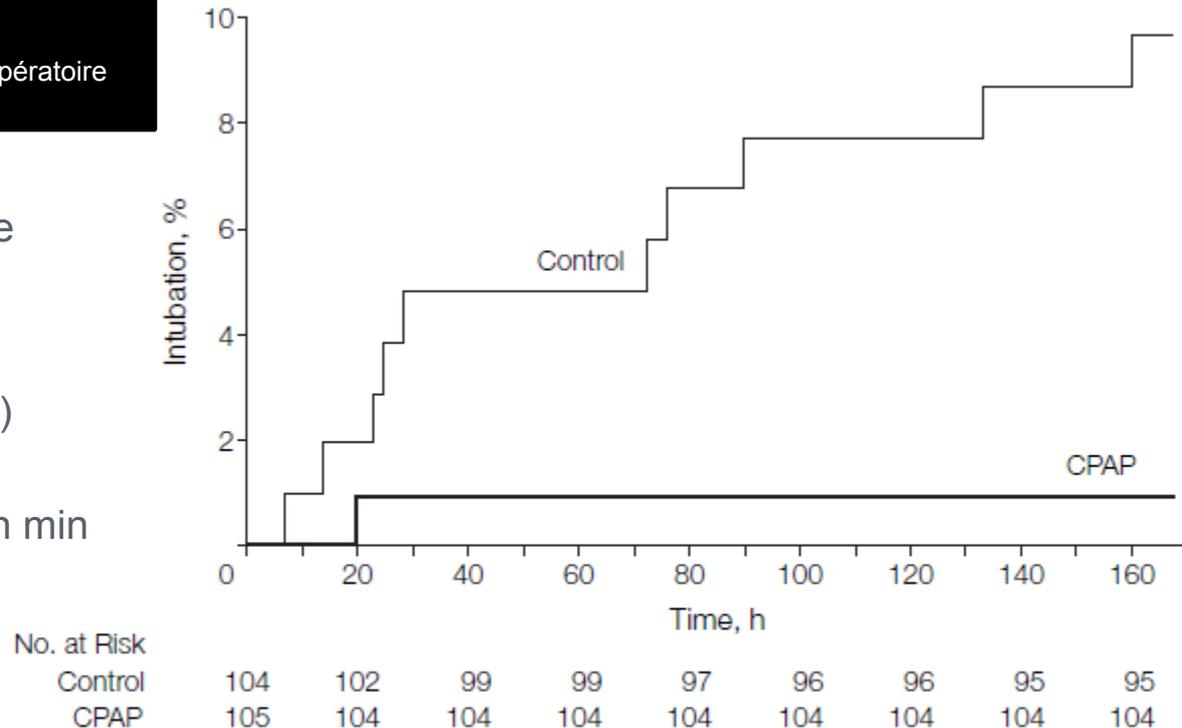
Continuous Positive Airway Pressure for Treatment of Postoperative Hypoxemia

A Randomized Controlled Trial

N=209

Fréquence d'intubation en post opératoire

- Chir abdominale lourde
 $p < 0.005$
- Inclusion: PA/FI < 300
(1^{ère} heure extubation)
- CPAP 7,5 cmH₂ pdt 6h min
vs O₂



Hypoxémie post-opératoire: Intérêt de la CPAP

	Contrôle	CPAP	p
Durée de séjour en réa (J)	2.6	1.4	0.09
Pneumopathie (n)	10	2	0.02
Infection (n)	11	3	0,03
Sepsis (n)	9	2	0.03
Fistule	6	1	
pneumopathie	3	1	
Décès (n)	3	1	NS

Squadron et al, JAMA 2005, 293(5):589-595

CMAJ. 2005 March 15; 172(6): 744.

PMCID: PMC552885

doi: [10.1503/cmaj.050193](https://doi.org/10.1503/cmaj.050193)

In the Literature

Can CPAP prevent the need for endotracheal intubation in patients with hypoxemia after abdominal surgery?

[Ryan Foster](#) and [Damon C. Scales](#)

Results: The trial was stopped after the first interim analysis ($n = 209$) because the intubation rate in the oxygen plus CPAP group was lower than in the oxygen only group (1% [1/105] v. 10% [10/104], $p = 0.005$). Severe hypoxemia was the indication for intubation in 9 of the 11 patients. Several secondary end points also favoured the CPAP group, including reduced incidence of pneumonia, infection and sepsis. There were no significant differences between the groups in hospital mortality or in ICU or hospital lengths of stay.

Continuous positive airway pressure for treatment of respiratory complications after abdominal surgery: a systematic review and meta-analysis.

Ferreira GP, Baussano I, Squadrone V, Richiardi L, Marchiaro G, Del Sorbo L, Mascia L, Merletti F, Ranieri VM.

METHODS:

Medical literature databases were searched for randomized controlled trials examining the use of CPAP versus standard therapy in patients undergoing abdominal surgery. The meta-analysis estimated the pooled risk ratio and the number needed to treat to benefit (NNTB) for PPCs, atelectasis, and pneumonia.

Ann. Surg. 2008, 247(4):617-26.

CRPO

N = 9 RCT

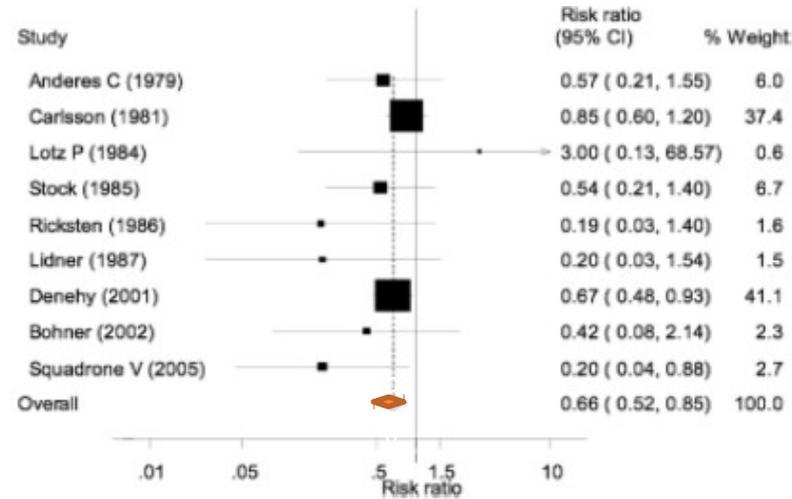


FIGURE 2. Forest plot showing the association of PPCs and CPAP versus standard treatment. CI indicates confidence interval.

atéletasies

pneumonies

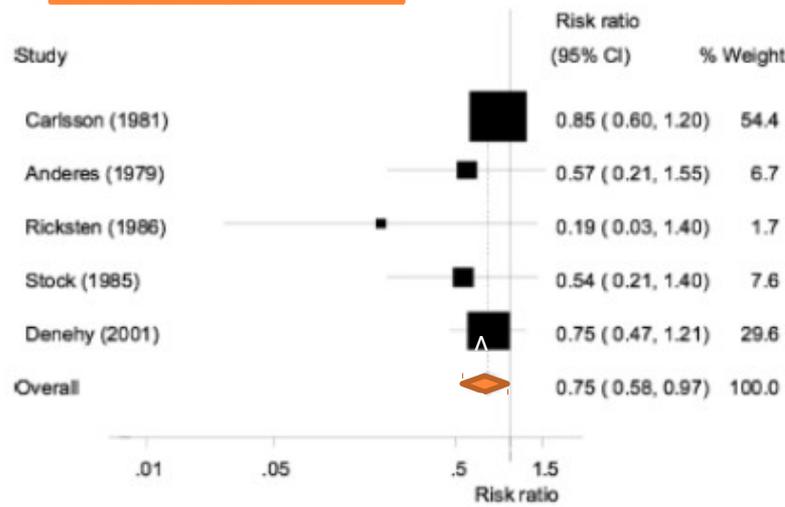


FIGURE 4. Forest plot showing the association of atelectasis and CPAP ventilation versus standard treatment. CI indicates confidence interval.

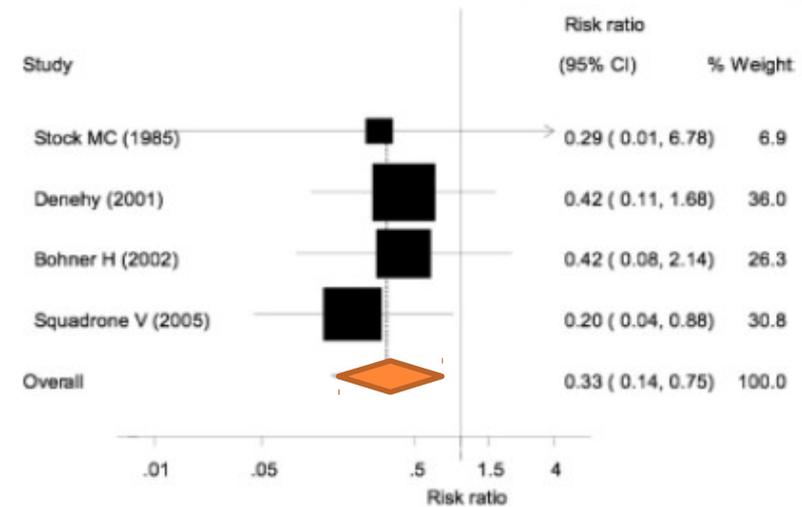


FIGURE 5. Forest plot showing the association of pneumonia and CPAP ventilation versus standard treatment. CI indicates confidence interval.

Strategies To Reduce Postoperative Pulmonary Complications after Noncardiothoracic Surgery: Systematic Review for the American College of Physicians

Ann Intern Med. 2006;144:596-608.

Valerie A. Lawrence, MD; John E. Cornell, PhD; and Gerald W. Smetana, MD

Strength of evidence for strategies to reduce risk of postoperative pulmonary complications*

Supported by good evidence

Postoperative lung expansion modalities

Supported by fair evidence

Selective postoperative nasogastric tube use
Short-acting neuromuscular blockade

Balance of benefit and harm too close to justify recommendation

Laparoscopic (vs open) operation[†]

At least fair evidence that strategy does *not* reduce risk or harm outweighs benefit

Routine total parenteral or enteral nutrition
Right heart catheterization

Insufficient or conflicting data

Intraoperative neuraxial blockade
Postoperative epidural analgesia[‡]
Smoking cessation

QUICK LOOK

Strength of evidence for strategies to reduce risk of postoperative pulmonary complications*

Supported by good evidence

Postoperative lung expansion modalities

Supported by fair evidence

Selective postoperative nasogastric tube use
Short-acting neuromuscular blockade

Balance of

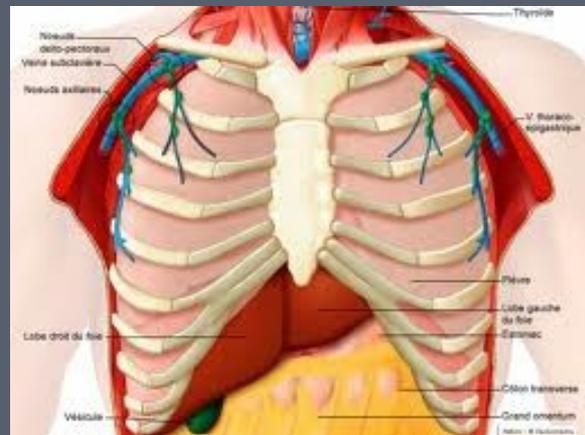
benefit and harm uncertain

At least fair evidence that strategy does *not* reduce risk or harm outweighs benefit

Routine total parenteral or enteral nutrition
Right heart catheterization

Insufficient or conflicting data

Intraoperative neuraxial blockade
Postoperative epidural analgesia[‡]
Smoking cessation



CPAP & Chirurgie thoracique

CPAP Increases 6-Minute Walk Distance After Lung Resection Surgery

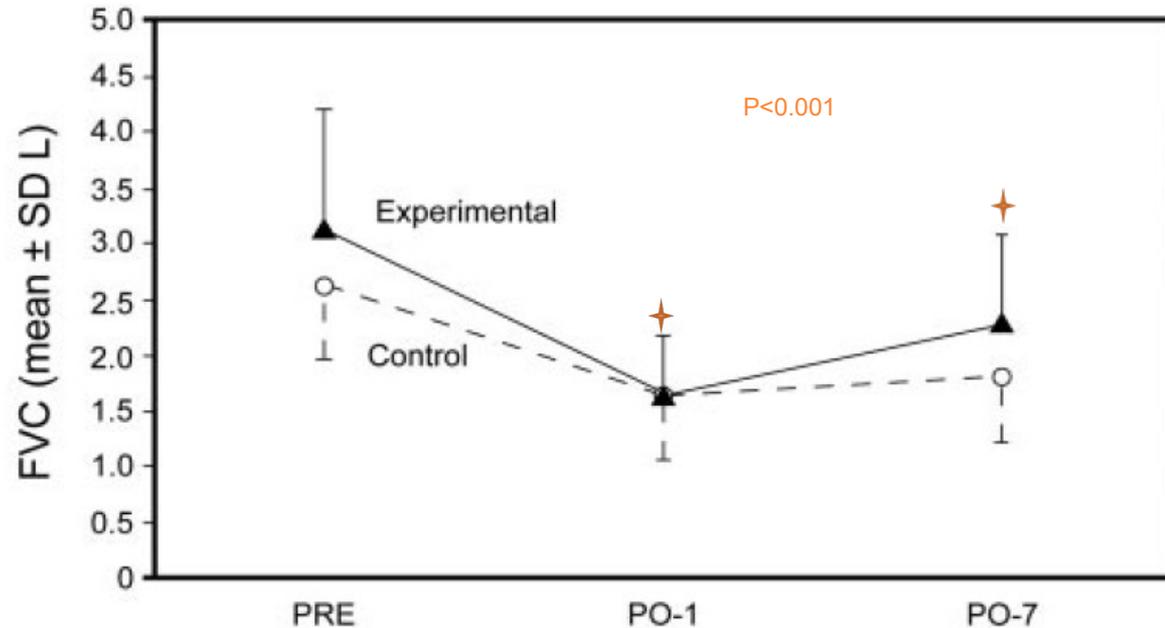
Flávio POS Nery CPT MSc, Agnaldo J Lopes MD PhD, Denise N Domingos CPT,
Renato F Cunha CPT, Márcia G Peixoto CPT, Cláudio Higa MD MSc,
Rodolfo A Nunes MD PhD, and Eduardo H Saito MD PhD

N=30

Contrôle: exercices respi

Expérimental: CPAP

10 cmH₂O pdt 30' 2x/24h



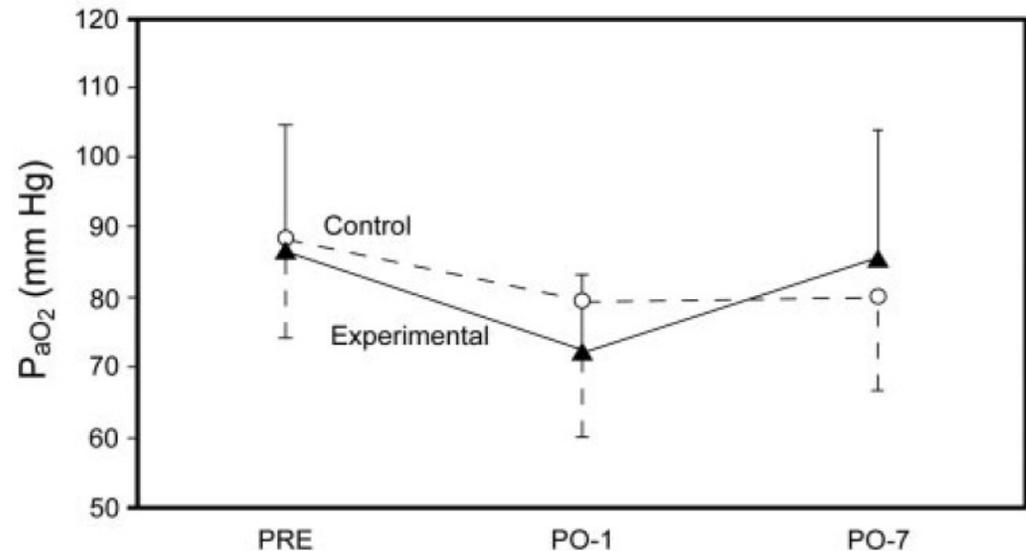
CPAP Increases 6-Minute Walk Distance After Lung Resection Surgery

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N=30

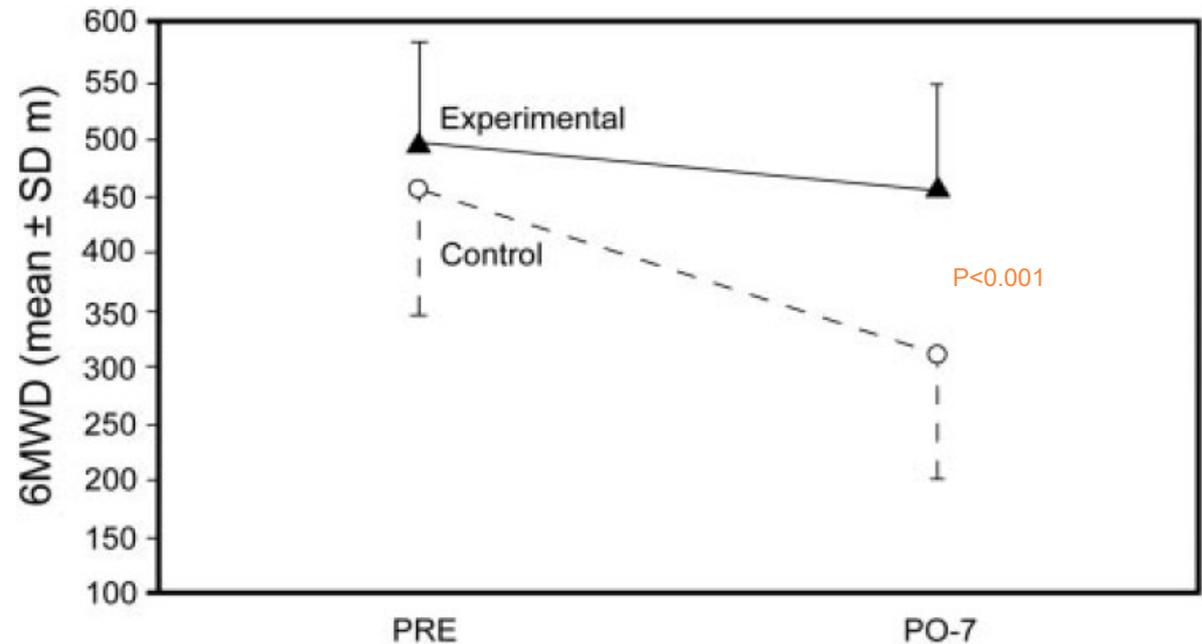
Contrôle: exercices respiratoires

Expérimental: CPAP



CPAP Increases 6-Minute Walk Distance After Lung Resection Surgery

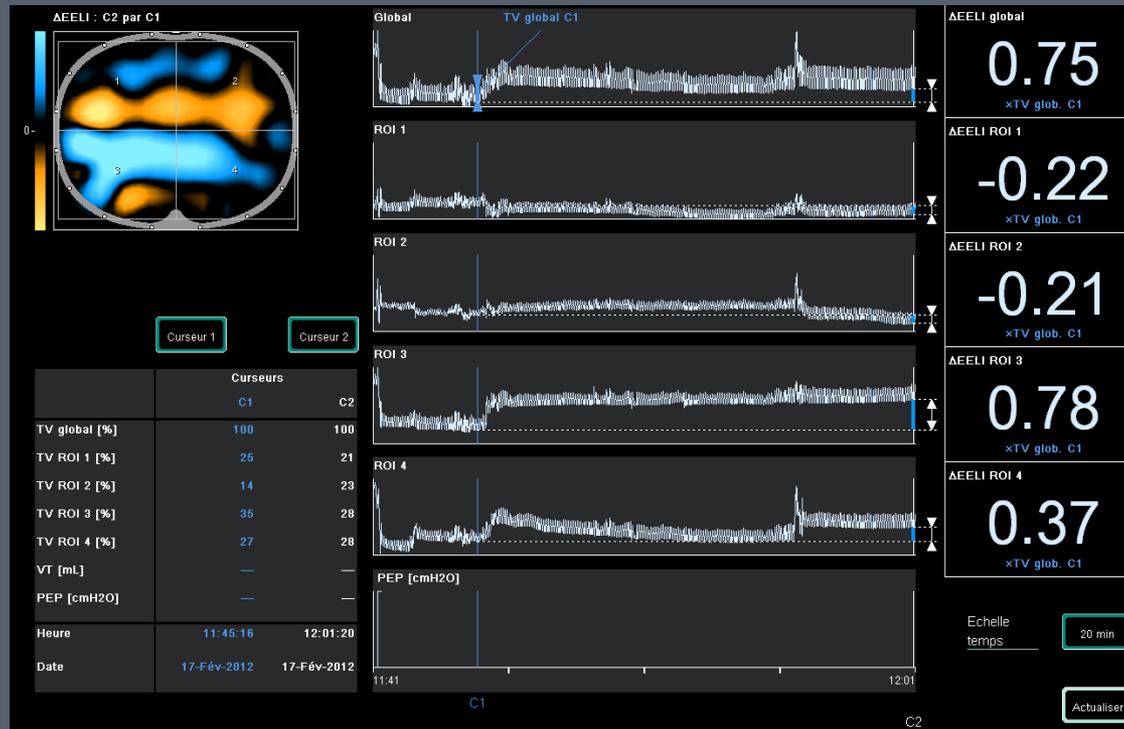
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Rodolfo A Nunes MD PhD, and Eduardo H Saito MD PhD







Je vous remercie pour votre attention



= EELI x 1,75

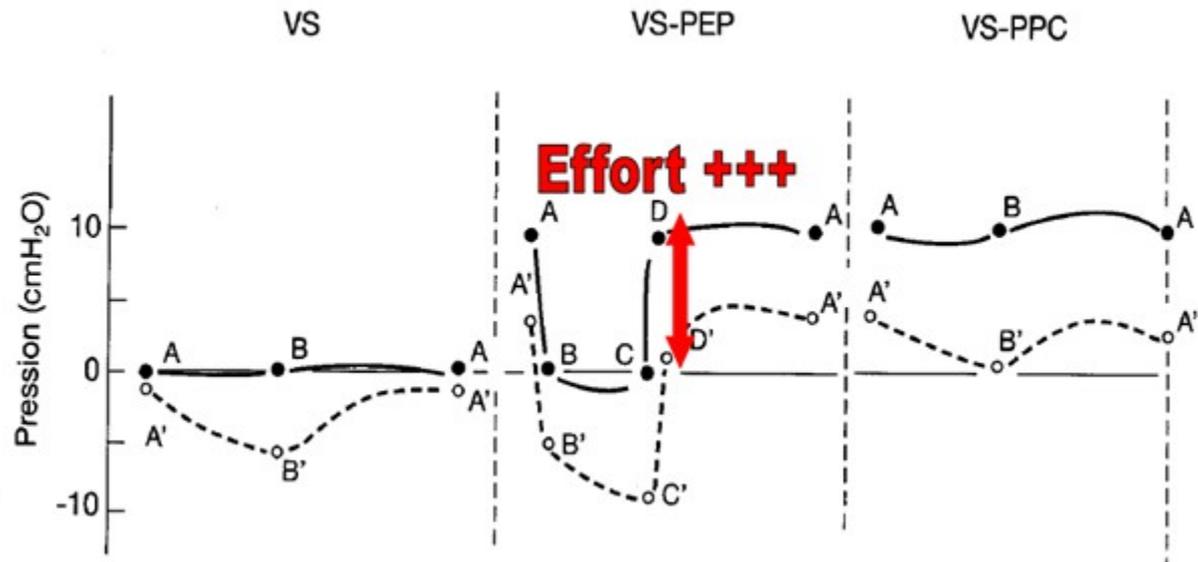


CPAP 8 cmH₂O

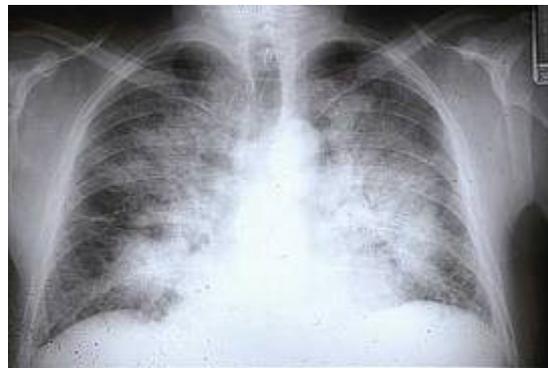
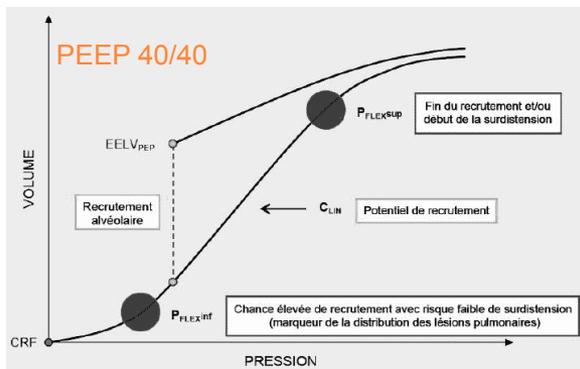
>15'

C. Buyse, N. Guiraut, JL Vincent. Electrical Impedance Tomography (EIT) to assess effectiveness of CPT in spontaneously breathing hypoxemic patients, SKR 2012

La CPAP n'est pas une VS-PEP à proprement parler...



J.Roeseler – Clin. Univ. Saint-Luc, Bruxelles



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Clinical Trial

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New feature



Conséquences hémodynamiques de la CPAP

Ssi cardiopathie congestive

- Réduction des pressions trans-murales ventriculaires et Aortiques
...Réduction bénéfique de la charge systolique à l'éjection du VG
- Sans réduction significative de la pré charge ventriculaire
- Baisse des résistances pulmonaires
- Délétere au-delà de 10 cmH₂O?

Naughton MT et col. Circulation 1995

Lin M et col. Chest 1995

Lenique et al. Am J Respir Crit Care Med 1997

Gérard JL et col. Conf actu SFAR 1999

Chadda K et al CCM 2002

Hémodynamique

CPAP

Augmentation
Oxygénation

Amélioration :

Précharge
Postcharge
Pression transmurale
+ diminue P remplissage VD



Augmentation
Performances
myocardiques



*Lenique et al. Am J Respir Crit Care Med 1997 ; Baratz et al. Chest 1992
Bradley et al. Am Rev Respir Dis 1992 Chadda et al. CCM 2002*

Ssi cardiopathie congestive

Complications respiratoires post-opératoires: physiopathologie et prise en charge

Antoine Roch
Réanimation Médicale
Marseille

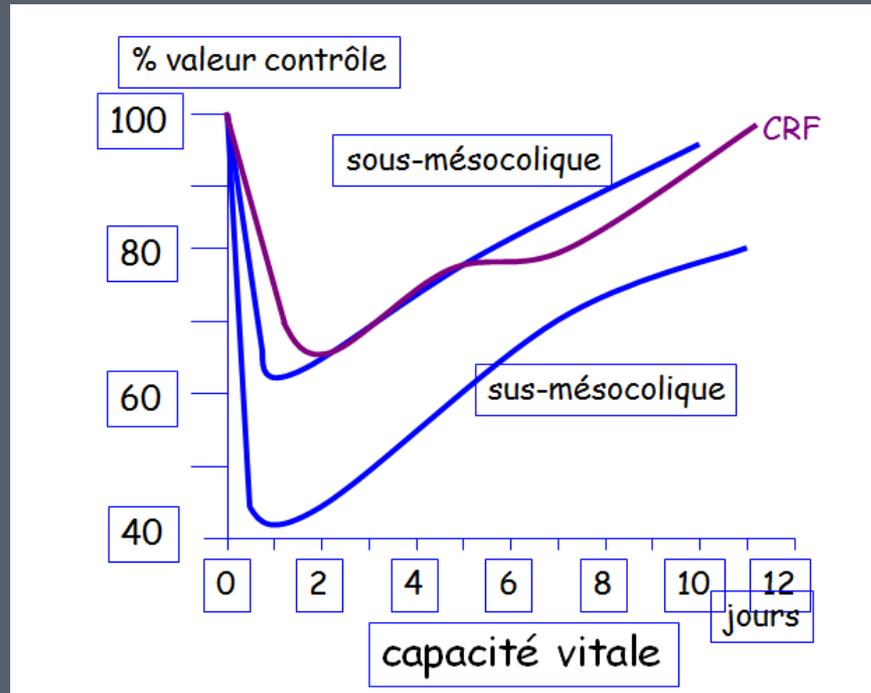
Continuous Positive Airway Pressure Versus Noninvasive Pressure Support Ventilation to Treat Atelectasis After Cardiac Surgery

Patrick Pasquina, RN*, Paolo Merlani, MD†, Jean Max Granier, RN*, and Bara Ricou, MD†

Table 2. Pulmonary Variables and Outcome

Variable	CPAP (<i>n</i> = 75)	NIPSV (<i>n</i> = 75)
pH (mean ± SD)		
T0	7.40 ± 0.04	7.40 ± 0.04
TD	7.47 ± 0.03	7.46 ± 0.03
Paco ₂ , mm Hg (mean ± SD)		
T0	37 ± 5	36 ± 5
TD	36 ± 5	35 ± 4
Pao ₂ /Fio ₂ , mm Hg (mean ± SD)		
T0	283 ± 59	289 ± 70
TD	280 ± 38	301 ± 40
VC, mL (mean ± SD) [% preoperative value]		
T0	1010 ± 370 [27]	1020 ± 370 [28]
TD	1080 ± 380 [29]	1110 ± 350 [31]
FEV ₁ , mL (mean ± SD) [% preoperative value]		
T0	820 ± 300 [31]	820 ± 280 [30]
TD	880 ± 300 [33]	900 ± 280 [33]
SICU stay, h, median (25th–75th percentiles)	65 (47–74)	60 (47–74)
Hospital stay, d, median (25th–75th percentiles)	14 (12–16)	13 (12–17)
SICU mortality, <i>n</i> (%)	0	0
Hospital mortality, <i>n</i> (%)	1 (1) ^a	0

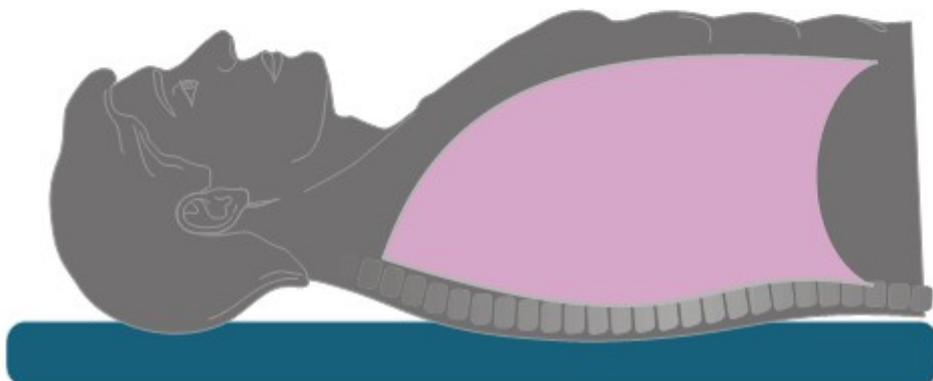
(Anesth Analg 2004;99:1001–8)



Volumes pulmonaires après chirurgie abdominale

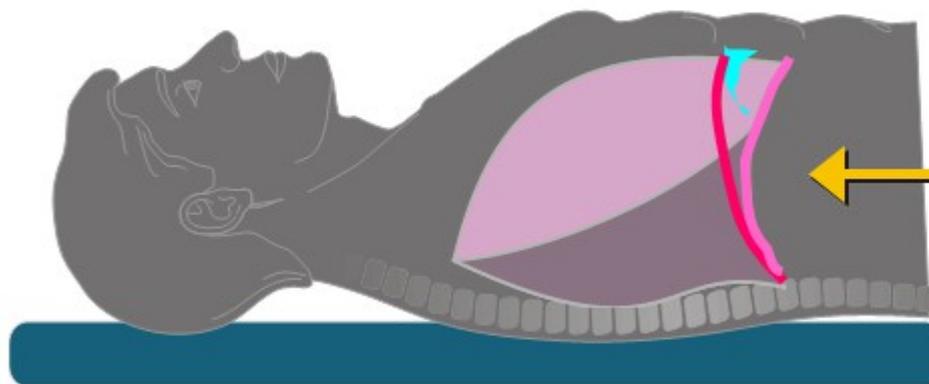
Ford *et al.* ARRD 1983

En chirurgie abdominale



Réduction du volume
pulmonaire ventilable

Compliance réduite



JAMA The Journal of the
American Medical Association

Continuous Positive Airway Pressure for Treatment of Postoperative Hypoxemia

A Randomized Controlled Trial

Squadrone et al, JAMA 2005, 293(5):589-595

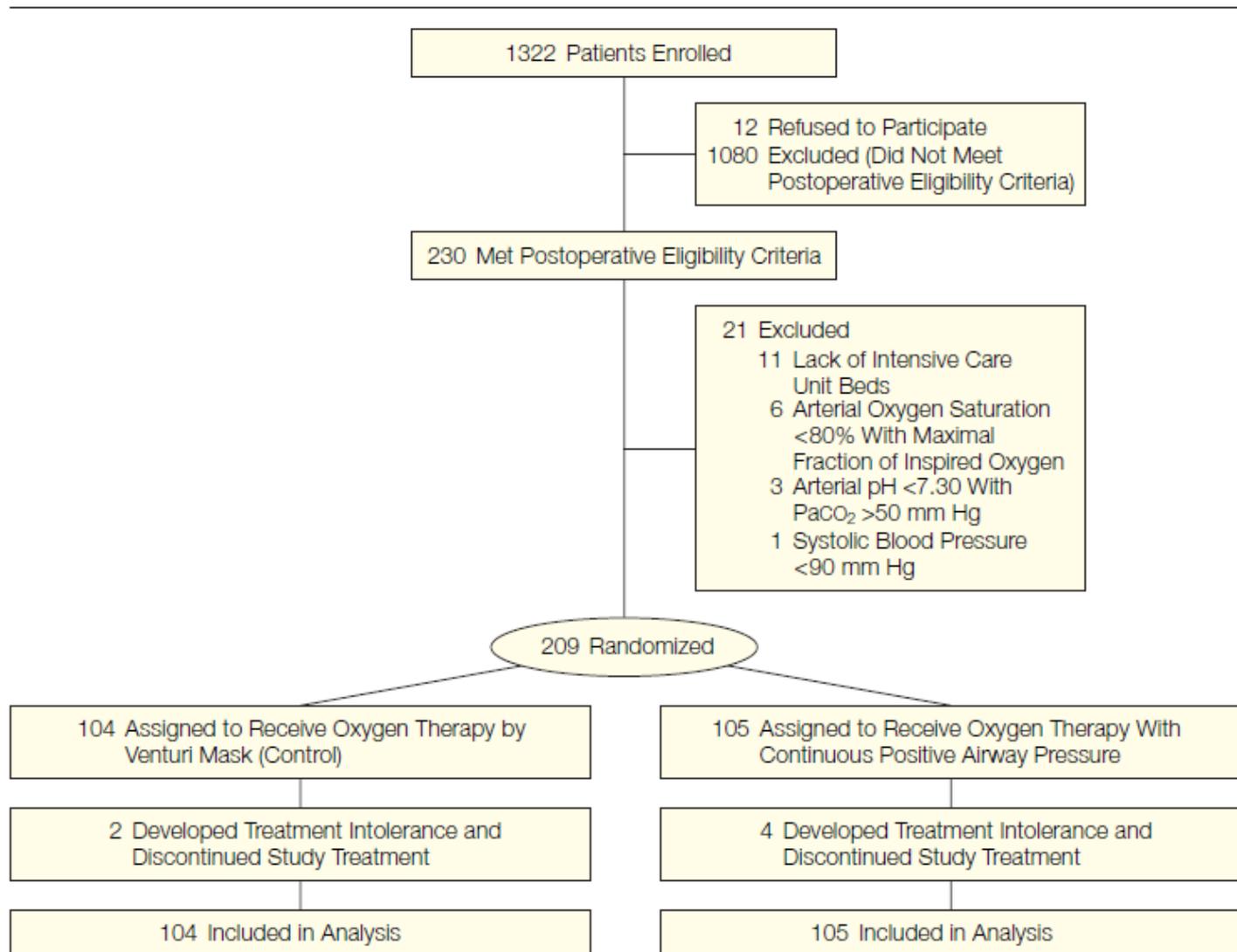
Figure 1. Patient Flow Chart

Table 1. Baseline Characteristics of the Patients at Study Inclusion Before Randomization

	Control (n = 104)	CPAP (n = 105)
Sex, No. (%)		
Men	64 (62)	71 (68)
Women	40 (38)	34 (32)
Age, mean (SD), y	65 (10)	66 (9)
Body mass index, mean (SD)*	26.3 (4.5)	26.5 (4.7)
Current smoker, No. (%)†	21 (20)	19 (18)
SAPS II, mean (SD)‡	28 (8)	27 (7)
Type of surgery, No. (%)		
Colectomy	38 (36)	39 (36)
Gastrectomy	7 (6)	6 (6)
Pancreatico-duodenectomy	18 (17)	19 (18)
Retroperitoneal mass	4 (3)	3 (4)
Liver resection	24 (22)	22 (21)
Liver transplant	13 (12)	16 (15)
Pathology, No. (%)		
Cancer	64 (62)	67 (64)
Noncancer	40 (38)	38 (36)
Comorbidities, No. (%)		
Diabetes	11 (11)	16 (15)
Hypertension	42 (40)	37 (35)
Postoperative gases, mean (SD)		
PaO ₂ /FiO ₂	255 (31)	247 (33)
Arterial, pH	7.39 (0.05)	7.38 (0.04)
Paco ₂ , mm Hg	39 (5)	39 (7)
Mean arterial blood pressure, mean (SD), mm Hg	86 (10)	85 (11)
Time of surgical procedure, mean (SD), h§	226 (95)	227 (91)

Abbreviations: CPAP, continuous positive airway pressure; PaO₂/FiO₂, arterial oxygen to inspiratory oxygen fraction ratio; Paco₂, arterial carbon dioxide.

*Body mass index is the weight in kilograms divided by the square of the height in meters.

†Patients who had smoked within 8 weeks of surgery were defined as current smokers.

‡Simplified Acute Physiology Score (SAPS II) (range, 0-63) is an index of the severity of illness; higher values indicate greater severity.

§Time of surgical procedure is the time encompassed between the skin incision and the first suture placed to close skin incision.

Table 2. Secondary Outcomes

	Control (n = 104)	CPAP (n = 105)	Difference of Means (95% CI)	<i>P</i> Value [‡]
ICU length of stay, mean, d	2.6	1.4	-1.2 (-2.0 to -0.3)	.09
Median (95% CI), d	1 (1-11)	1 (1-4)		
Hospital length of stay, mean (SD), d	17 (15)	15 (13)	-2 (-6 to 2)	.10
Median (95% CI)	12 (7-47)	11 (6-35)		
			Relative Risk (95% CI)	
Pneumonia, No. (%)†	10 (10)	2 (2)	0.19 (0.04 to 0.88)	.02
Infection, No. (%)‡	11 (10)	3 (3)	0.27 (0.07 to 0.94)	.03
Sepsis, No. (%)§	9 (9)	2 (2)	0.22 (0.04 to 0.99)	.03
Anastomotic leakage, No.	6	1		
Pneumonia, No.	3	1		
Deaths, No. (%)	3 (3)	0 (0)		.12

Abbreviations: CI, confidence interval; CPAP, continuous positive end-expiratory pressure; ICU, intensive care unit.

Squadron et al, JAMA 2005, 293(5):589-595

Continuous Positive Airway Pressure for Treatment of Respiratory Complications After Abdominal Surgery

A Systematic Review and Meta-Analysis

Gabriela P. Ferreyra, RT,* Iacopo Baussano, MD, PhD,†‡ Vincenzo Squadrone, MD,*
Lorenzo Richiardi, MD, PhD,§ Giovana Marchiaro, MD,* Lorenzo Del Sorbo, MD,*
Luciana Mascia, MD, PhD,* Franco Merletti, MD, PhD,§ and V. Marco Ranieri, MD*

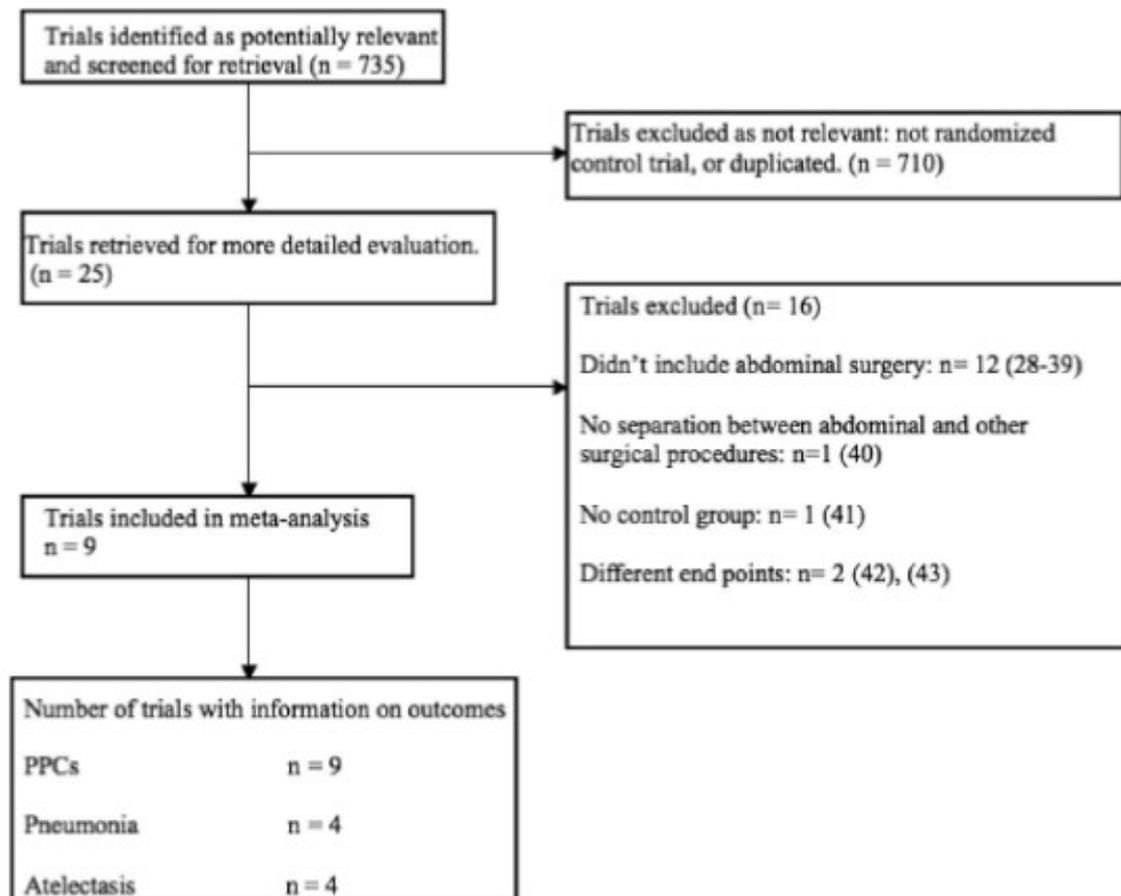
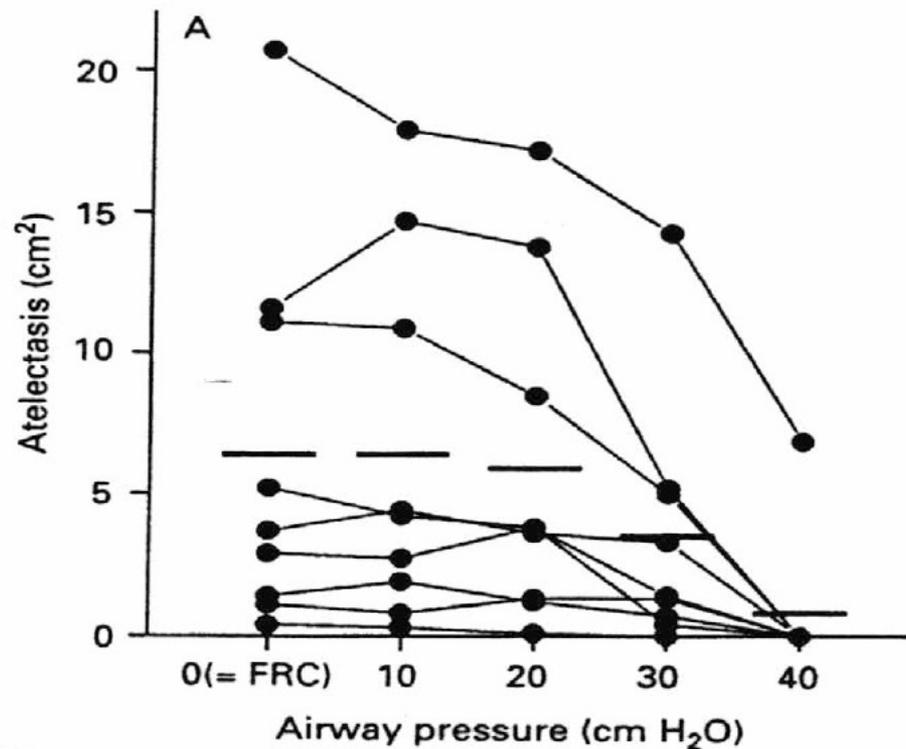


TABLE 1. Randomized Control Trials of CPAP in Patients who Developed Severe Hypoxemia After Abdominal Surgery

Source	Sample Size	Intervention	Interface	Time Delivered	Pneumonia	Atelectasis	No. Patients	
							CPAP	Ctrl
Anderes et al ⁴⁶	30	CPAP 3 vs. O ₂	ET	3 h during first day	NE	Radiography confirmed	15	15
Carlsson et al ¹⁶	24	CPAP 5–10 vs. O ₂	FM	4 h during first day	NE	Radiography confirmed	13	11
Lotz et al ⁴⁷	32	CPAP 3–6 vs. O ₂	MP	2 h during first day	NE*	NE*	16	16
Stock et al ⁴⁸	43	CPAP 7.5 vs. PT	FM	15 min/2 h for 3 d	2 of the following 3 criteria: change in color or quantity of sputum, T >38°C for at least 2 d, infiltrate in radiography; sputum was cultured for isolation	Radiography confirmed	23	20
Ricksten et al ⁴⁹	28	CPAP 10–15 vs. PT	FM	30 breaths/h/d for 3 d	NE	Radiography confirmed	13	15
Lindner et al ⁵⁰	34	CPAP 12 vs. O ₂ and PT	MP	3 h/d for 5 d	NE*	NE*	17	17
Denehy et al ¹⁷	50	CPAP 10 vs. PT	NM	15 min 4 times a day for 3 d	T >38.5°C for 24 h, radiography score ≥2 and one of the following: increased white cell count, altered sputum or microbiological isolation pathogen from sputum or use of additional antibiotic treatment	Radiography confirmed	32	18
Bohner et al ¹⁹	204	CPAP 10 vs. O ₂	NM	First day until the next morning, at least 12 h	Defined according to Centers for Disease Control Criteria	NE	99	105
Squadroni et al ⁵¹	209	CPAP 7.5 and PT vs. O ₂ and PT	H	CPAP applied until PaO ₂ /FiO ₂ > 300	Infiltrate in radiography and one of the following: purulent endotracheal aspirate; known pathogen cultured, T >38.5°C or <36°C; white blood cell count ^{20,21}	NE	105	104
Sum	654						333	321

Pression dans les voies aériennes et manœuvre de recrutement



Après recrutement maintenir le volume pulmonaire : appliquer une PEEP

