

réanimation 2023
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Prévention de la Dysfonction Diaphragmatique durant la Ventilation Mécanique

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AP-HP.
Sorbonne
Université





Liens d'intérêt (depuis Mars 2020)



- Lungpacer Med Inc. (Board, travel fees, research)

Contribution au trafic aérien (depuis Mars 2022)



- Distance parcourue : 33 000 Km
- Equivalent 5 Tonnes de CO₂



Dysfonction diaphragmatique: causes et conséquences

Si l'histoire était simple....

En réanimation

Ventilation Mécanique

Repos forcé
Décharge excessive

Dysfonction diaphragmatique

Thomas Pesquet "va vraiment bien"

Le médecin de l'astronaute français juge spectaculaire la vitesse à laquelle il récupère de ses 6 mois dans l'espace. Interview.
Source AFP

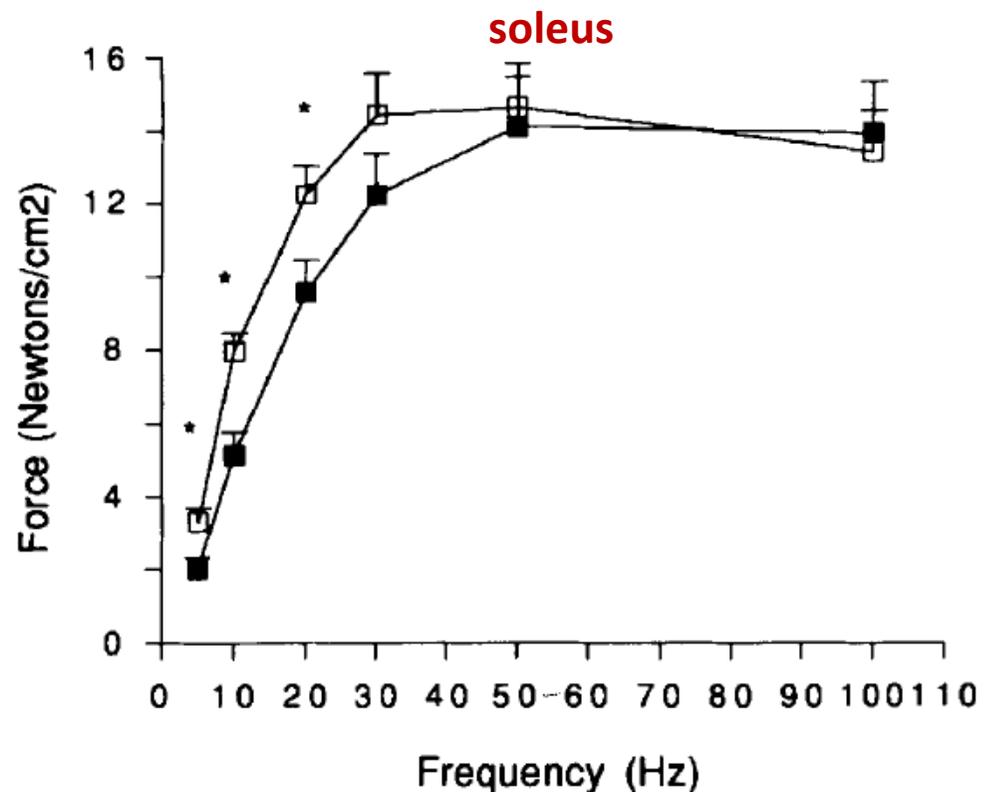
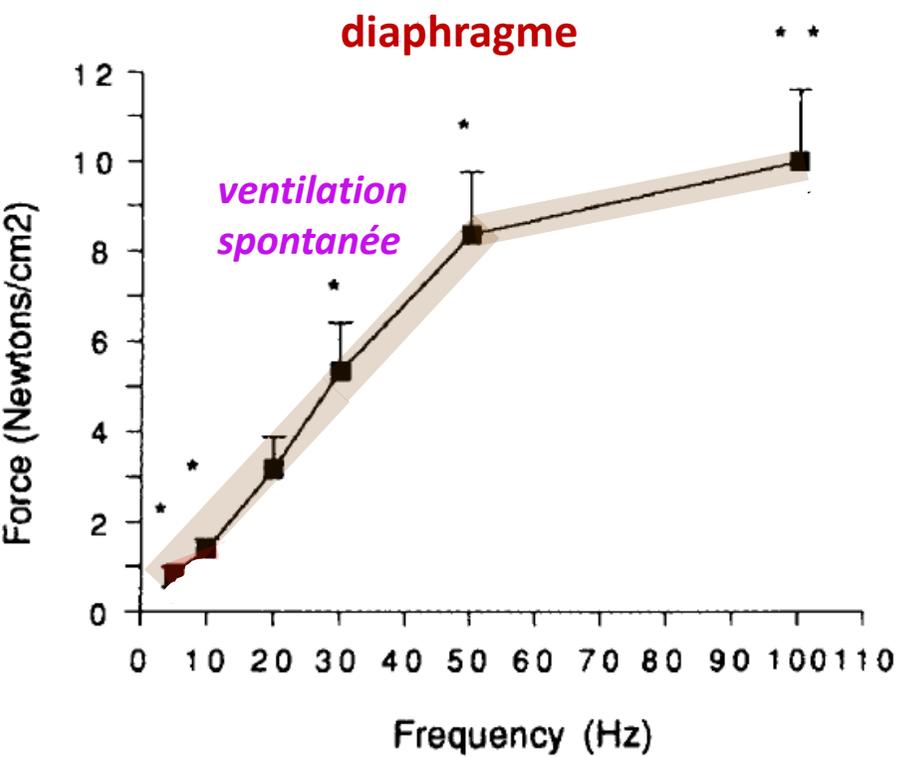




Dysfonction diaphragmatique: causes et conséquences

Effects of Mechanical Ventilation on Diaphragmatic Contractile Properties in Rats

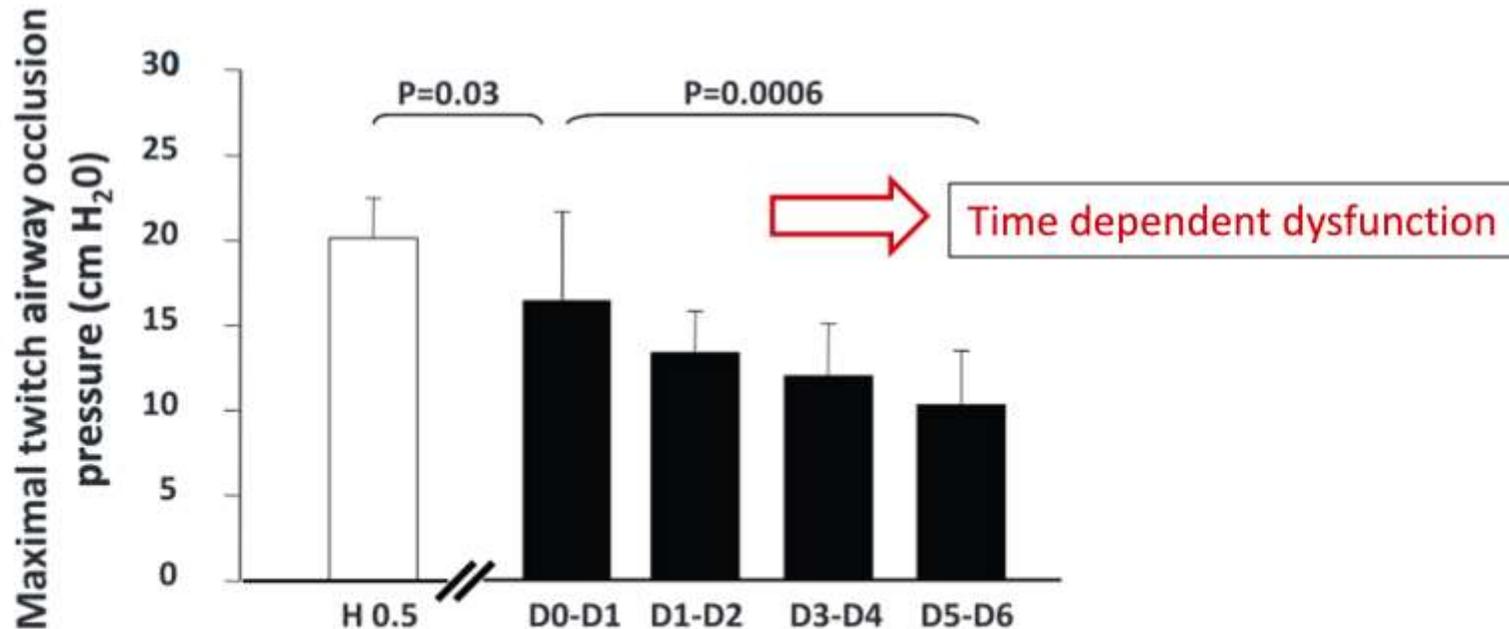
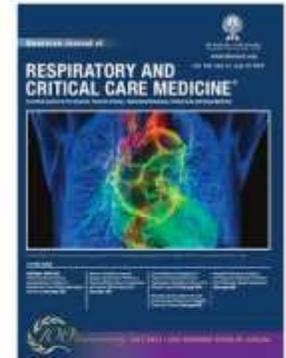
GENEVIEVE LE BOURDELLES, NAÏMA VIRES, JORGE BOCZKOWSKI, NATHALIE SETA, DRAGAN PAVLOVIC, and MICHEL AUBIER





Rapidly Progressive Diaphragmatic Weakness and Injury during Mechanical Ventilation in Humans

Samir Jaber^{1,2,6}, Basil J. Petrof³, Boris Jung^{1,2}, Gérald Chanques^{1,2}, Jean-Philippe Berthet⁴, Christophe Rabuel⁵, Hassan Bouyabrine⁶, Patricia Courouble^{1,2}, Christelle Koechlin-Ramonatxo⁷, Mustapha Sebbane^{1,2}, Thomas Similowski⁸, Valérie Scheuermann⁹, Alexandre Mebazaa⁵, Xavier Capdevila^{1,2}, Dominique Mornet², Jacques Mercier^{2,10}, Alain Lacampagne⁹, Alexandre Philips², and Stefan Matecki^{2,10}





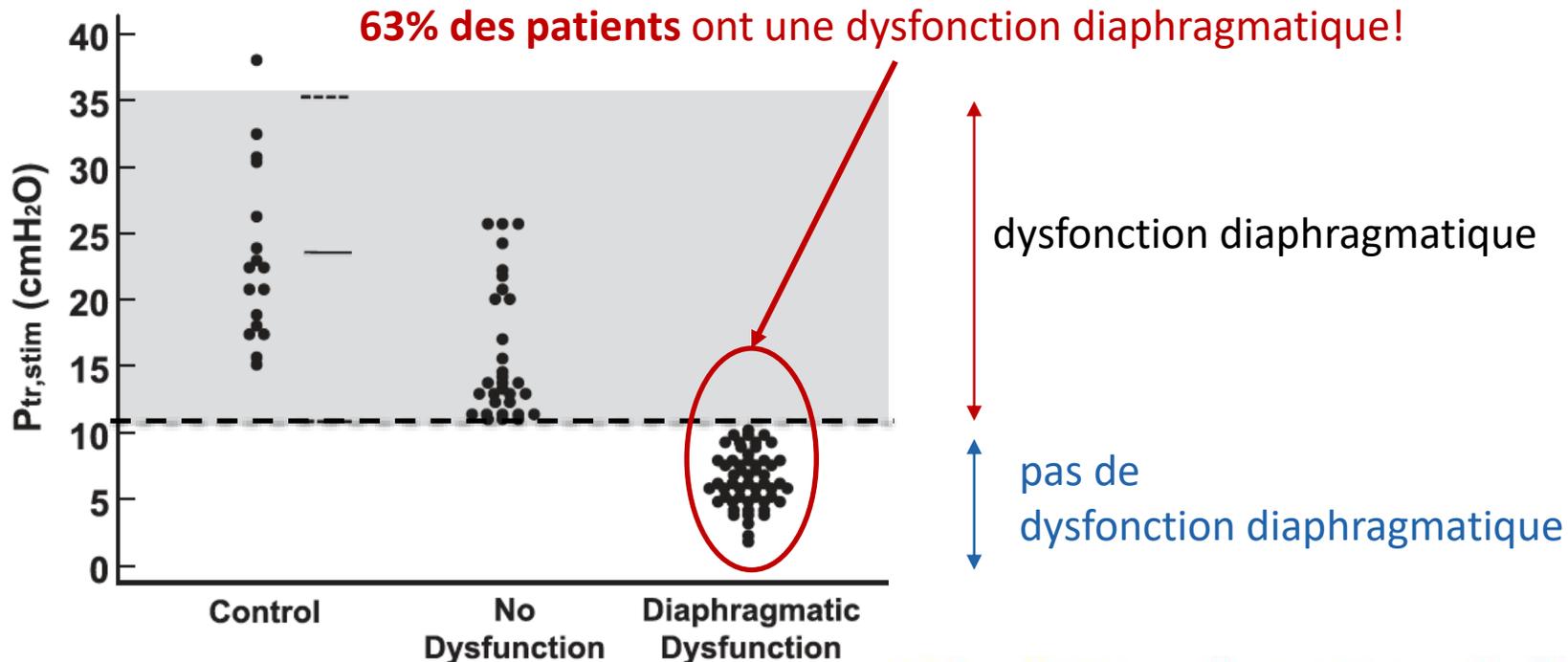
Dysfonction diaphragmatique: causes et conséquences

En vrai, l'histoire n'est pas si simple....

Diaphragm Dysfunction on Admission to the Intensive Care Unit

Prevalence, Risk Factors, and Prognostic Impact—A Prospective Study

Alexandre Demoule^{1,2,3}, Boris Jung^{4,5}, H el ene Prodanovic², Nicolas Molinari⁶, Gerald Chanques^{4,5}, Catherine Coirault³, Stefan Matecki^{5,7}, Alexandre Duguet^{1,2}, Thomas Similowski^{1,2*}, and Samir Jaber^{4,5*}





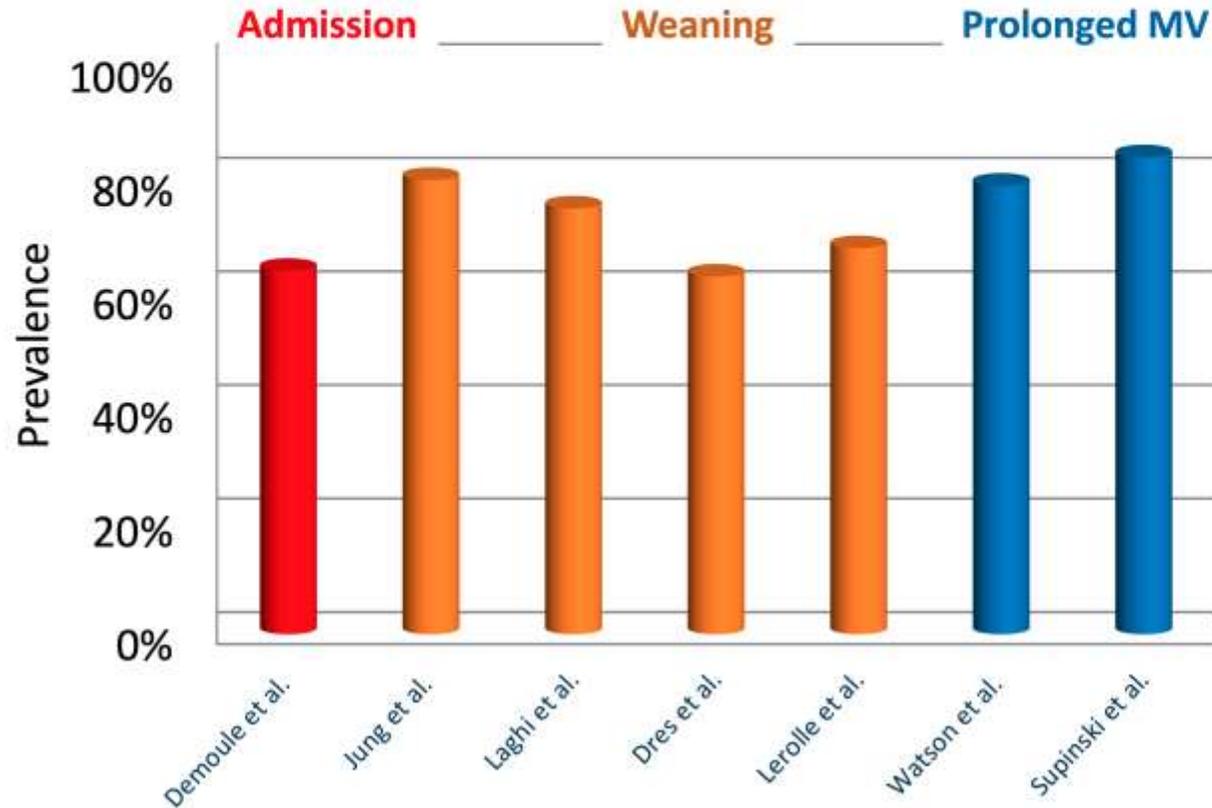
Dysfonction diaphragmatique: au moment du sevrage

REVIEW



Critical illness-associated diaphragm weakness

Martin Dres^{1,2,3*}, Ewan C. Goligher^{4,5}, Leo M. A. Heunks⁶ and Laurent J. Brochard^{3,5}



**Diaphragm dysfunction
> 60% of the patients**



Coexistence and Impact of Limb Muscle and Diaphragm Weakness at Time of Liberation from Mechanical Ventilation in Medical Intensive Care Unit Patients

Martin Dres^{1,2*}, Bruno-Pierre Dubé^{1,3*}, Julien Mayaux², Julie Delemazure², Danielle Reuter², Laurent Brochard^{4,5}, Thomas Similowski^{1,2}, and Alexandre Demoule^{1,2}



	Overall Population (n = 76)	Diaphragm Dysfunction		
		Yes (n = 48)	No (n = 28)	P Value
Difficult weaning, n (%)	25 (33)	23 (48)	2 (7)	<0.001
Prolonged weaning, n (%)	8 (10)	8 (17)	0 (0)	0.02
Total duration of MV, d	5 (2-10)	7 (4-12)	4 (1-8)	0.04
Length of ICU stay, d	8 (4-15)	10 (5-16)	6 (3-10)	0.05
Length of hospital stay, d	21 (9-30)	23 (15-32)	18 (6-29)	0.09
ICU mortality, n (%)	8 (10)	8 (17)	0 (0)	0.02
Hospital mortality, n (%)	12 (16)	11 (23)	1 (4)	0.04



Dysfonction diaphragmatique

1. atteinte *fréquente* (2/3 des patients)
2. *inactivité* des muscles respiratoires
3. facteur de risque associés: *sepsis, état de choc*
4. association avec les *difficultés de sevrage*

quel(s) traitement(s)?

préventif

curatif



Managing respiratory muscle weakness during weaning from invasive ventilation



EUROPEAN RESPIRATORY REVIEW
SERIES
C. BUREAU ET AL.

Côme Bureau ^{1,2}, Marine Van Hollebeke^{3,4} and Martin Dres ^{1,2}

Preventive strategy

Prevention of atrophy: lung and diaphragm protective ventilation

Limit duration and degree of respiratory muscle inactivity: maintaining inspiratory efforts with spontaneous breathing

Optimising diaphragm effort and synchrony:

Injurious efforts: insufficient assists, high effort, high drive

Eccentric injury: expiratory dysynchrony

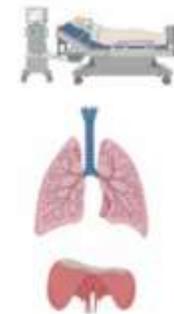
Longitudinal atrophy: excessive positive expiratory pressure

Disuse atrophy: excessive assist, low effort, low drive

Utilisation of proportional modes

Prevent myotoxic drugs

Phrenic nerve pacing (experimental and clinical data; not in routine)



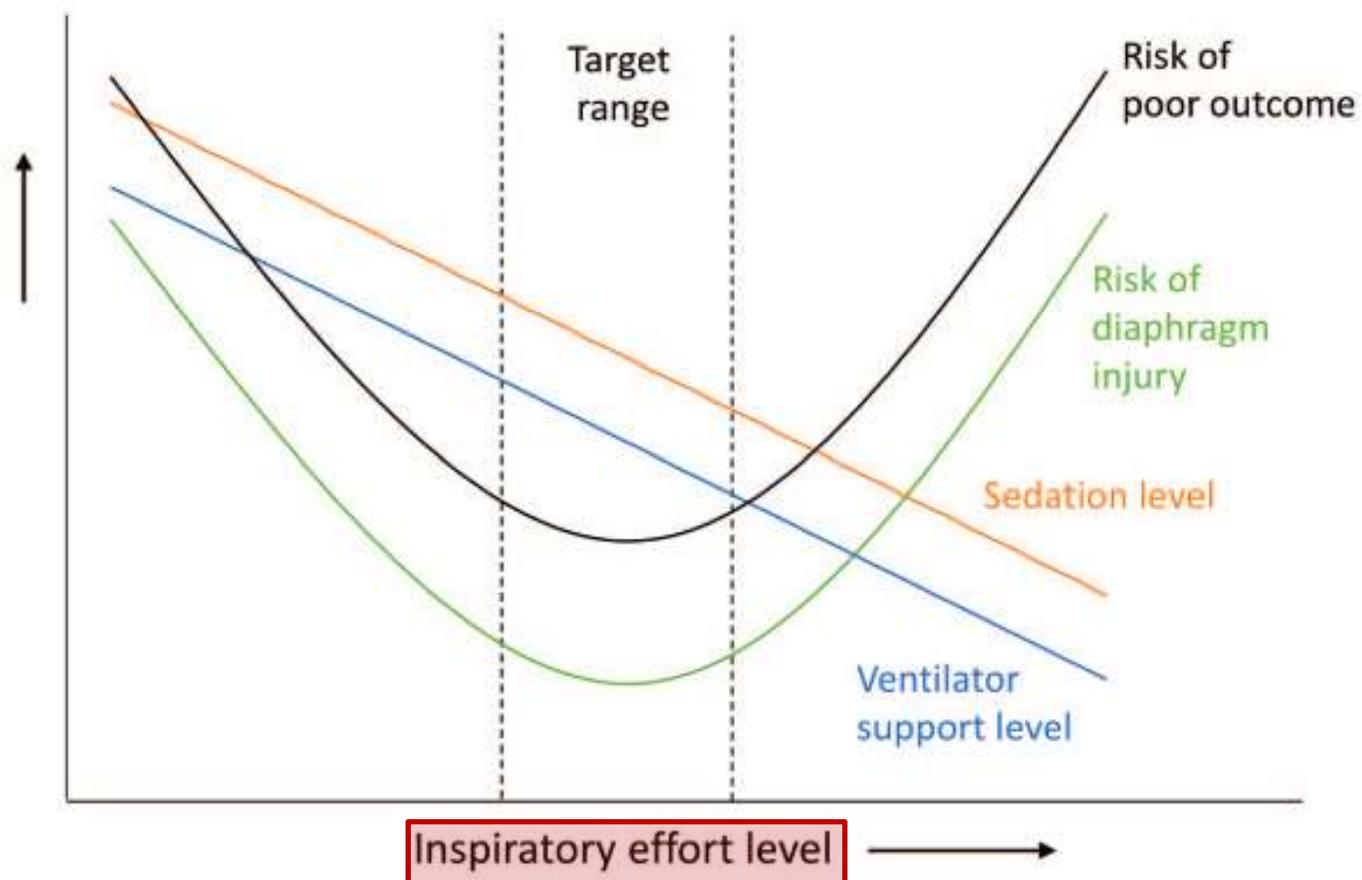


Dysfonction diaphragmatique: quelle prévention?



Diaphragm-protective mechanical ventilation

Tom Schepens^a, Martin Dres^{b,c}, Leo Heunks^d, and Ewan C. Goligher^{e,f,g}





Lung- and Diaphragm-Protective Ventilation

Ewan C. Goligher^{1,2,3}, Martin Dres^{4,5}, Bhakti K. Patel⁶, Sarina K. Sahetya⁷, Jeremy R. Beitler⁸, Irene Teliás^{1,2,9}, Takeshi Yoshida¹⁰, Katerina Vaporidi¹¹, Domenico Luca Grieco^{12,13}, Tom Schepens¹⁴, Giacomo Grasselli^{15,16}, Savino Spadaro¹⁷, Jose Dianti^{1,2,18}, Marcelo Amato¹⁹, Giacomo Bellani²⁰, Alexandre Demoule^{4,5}, Eddy Fan^{1,2,3,21}, Niall D. Ferguson^{1,2,3,21,22}, Dimitrios Georgopoulos¹¹, Claude Guérin²³, Robinder G. Khemani^{24,25}, Franco Laghi^{26,27}, Alain Mercat²⁸, Francesco Mojoli²⁹, Coen A. C. Ottenheijm³⁰, Samir Jaber³¹, Leo Heunks^{32*}, Jordi Mancebo^{33*}, Tommaso Mauri^{13,14}, Antonio Pesenti^{13,14}, and Laurent Brochard^{1,9*}; for the Pleural Pressure Working Group, Acute Respiratory Failure Section of the European Society of Intensive Care Medicine

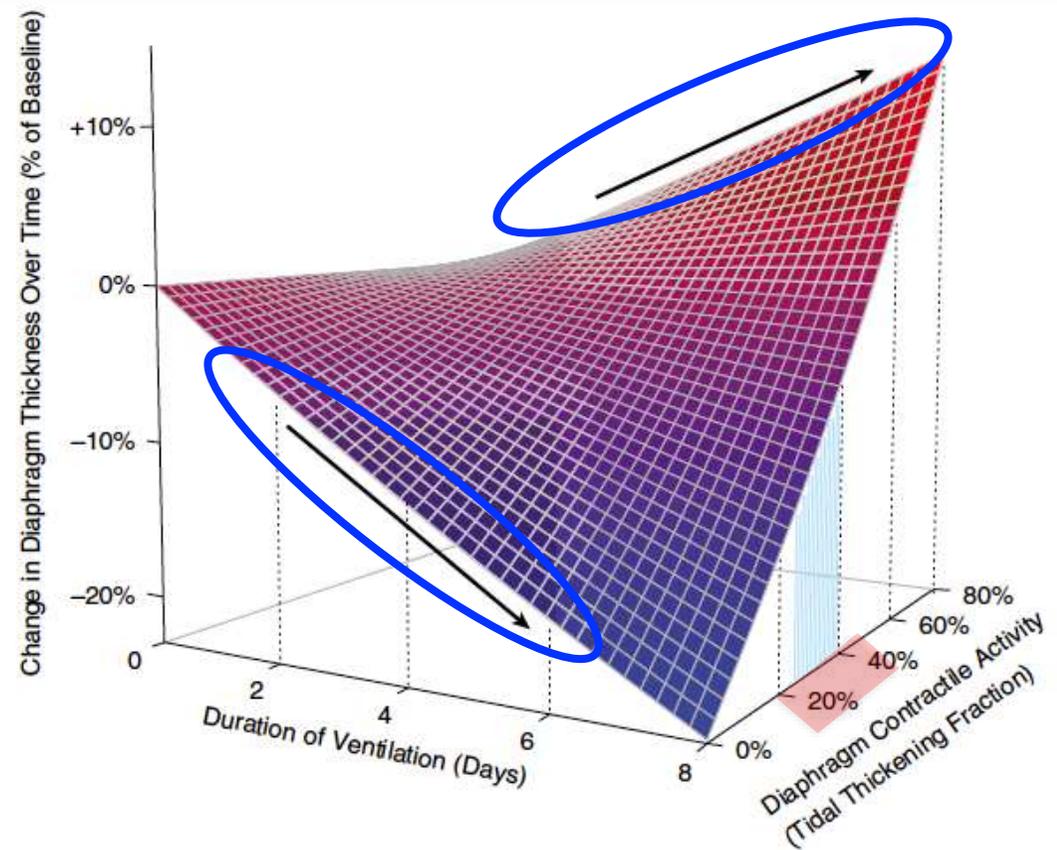


Goal	Potential Therapeutic Target*
Prevent overassistance myotrauma	Any 1 of: $P_{mus} \geq 3$ to 5 cm H ₂ O $\Delta P_{di} \geq 3$ to 5 cm H ₂ O $\Delta P_{es} \leq -3$ to -2 cm H ₂ O $P_{0.1} > 1$ to 1.5 cm H ₂ O $TF_{di} \geq 15\%$ $E_{Adi} \geq$ target value selected on the basis of P_{occ} - E_{Adi} index and above targets
Prevent underassistance myotrauma	Any 1 of: $P_{mus} \leq 10$ to 15 cm H ₂ O $\Delta P_{di} \leq 10$ to 15 cm H ₂ O $\Delta P_{es} \geq -12$ to -8 cm H ₂ O $P_{occ} \geq -20$ to -15 cm H ₂ O $P_{0.1} < 3.5$ to 5 cm H ₂ O $TF_{di} \leq 30\%$ to 40% $E_{Adi} \leq$ limit value selected on the basis of P_{occ} - E_{Adi} index and above targets



Evolution of Diaphragm Thickness during Mechanical Ventilation Impact of Inspiratory Effort

Ewan C. Goligher^{1,2,3,4}, Eddy Fan^{1,2,4,5}, Margaret S. Herridge^{1,2,4,6}, Alistair Murray^{1,4}, Stefannie Vorona^{1,4},
Debbie Brace^{1,4}, Nuttapol Rittayamai^{1,7}, Ashley Lanys^{1,4,7}, George Tomlinson², Jeffrey M. Singh^{1,2,4},
Steffen-Sebastian Bolz³, Gordon D. Rubenfeld^{1,2,5,8}, Brian P. Kavanagh^{1,3,9,10}, Laurent J. Brochard^{1,2,7}, and
Niall D. Ferguson^{1,2,3,4,5,6}





Dysfonction diaphragmatique: causes et conséquences

Mechanical Ventilation–induced Diaphragm Atrophy Strongly Impacts Clinical Outcomes

Ewan C. Goligher^{1,2,3,4}, Martin Dres^{5,6}, Eddy Fan^{1,2,4,7}, Gordon D. Rubinfeld^{1,4,7,8}, Damon C. Scales^{1,4,7,8}, Margaret S. Herridge^{1,2,4,9}, Stefannie Vorona², Michael C. Sklar^{5,10}, Nuttapol Rittayamai⁵, Ashley Lanys⁵, Alistair Murray², Deborah Brace², Cristian Urrea², W. Darlene Reid¹¹, George Tomlinson², Arthur S. Slutsky^{1,4,5}, Brian P. Kavanagh^{1,3,10,12}, Laurent J. Brochard^{1,4,5*}, and Niall D. Ferguson^{1,2,3,4,7,9*}

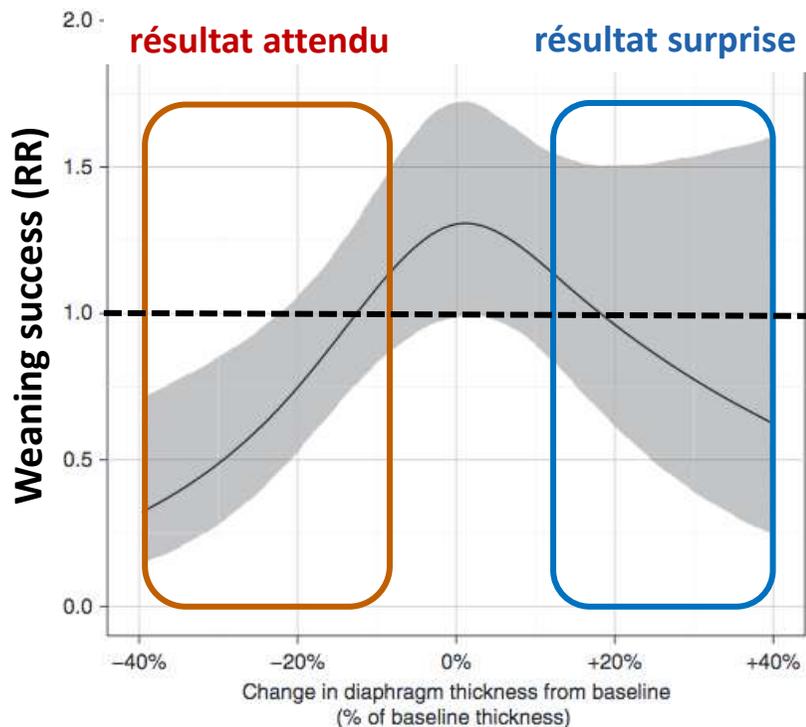


191 patients under MV

↘ épaisseur (atrophie)
n=78 (41%)

↔ épaisseur
n=66 (35%)

↗ épaisseur
n=47 (24%)



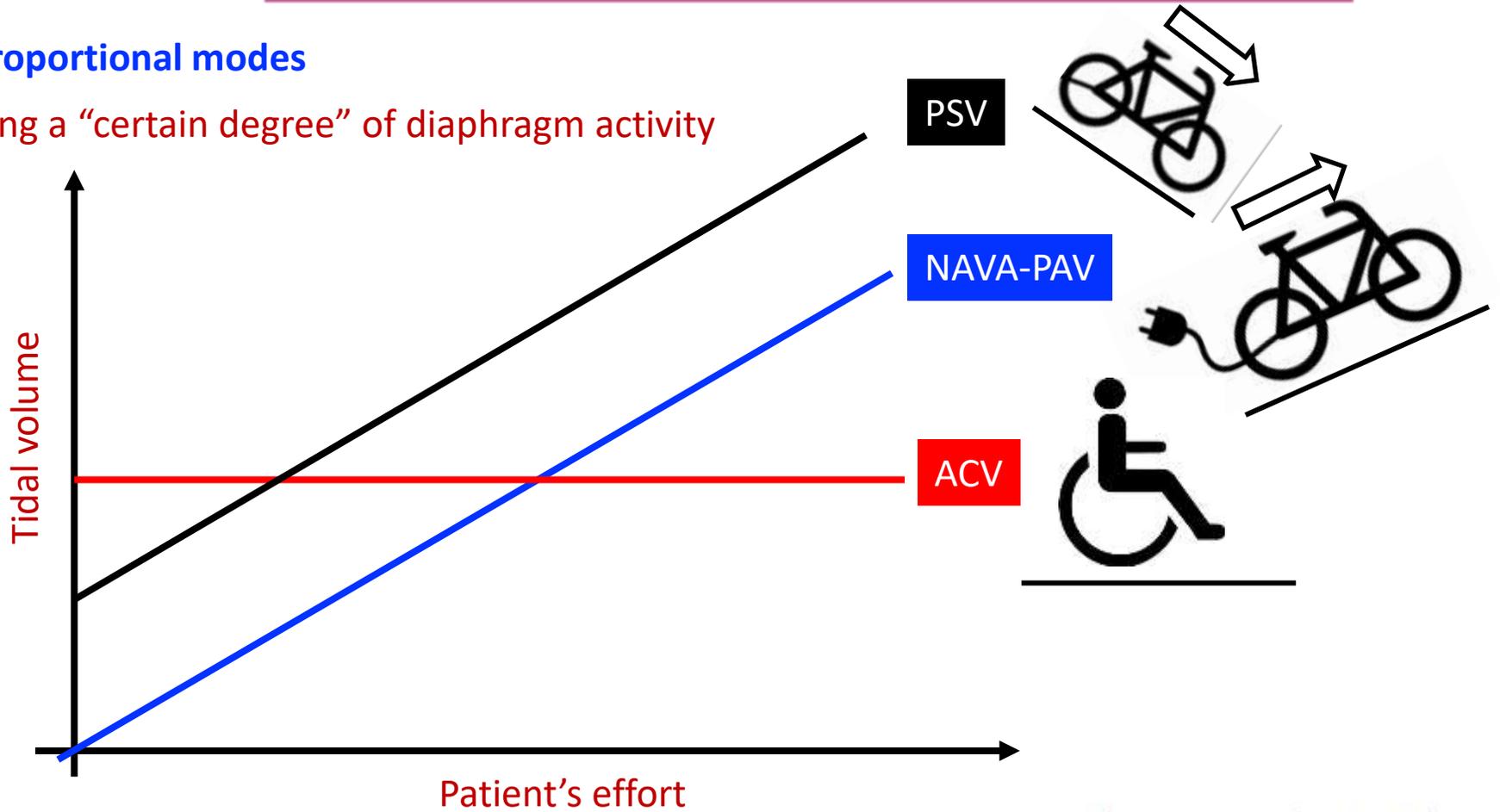


NAVA and PAV+ for lung and diaphragm protection

Katerina Vaporidi

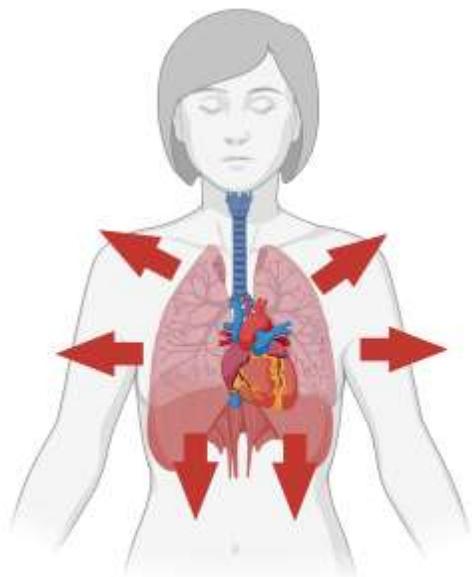
Role of proportional modes

Maintaining a "certain degree" of diaphragm activity

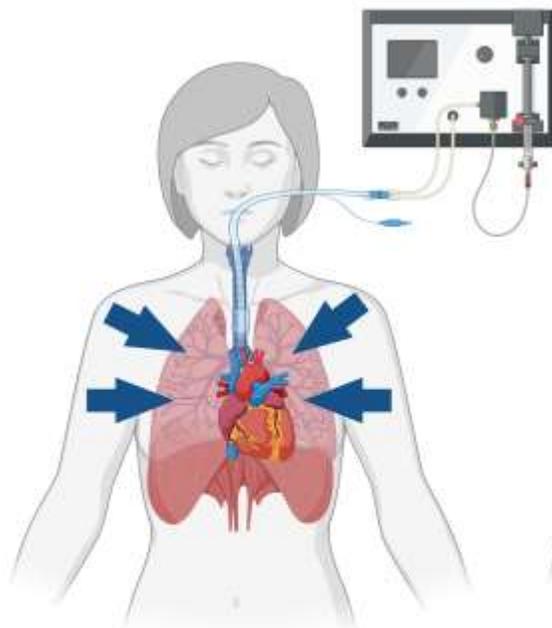




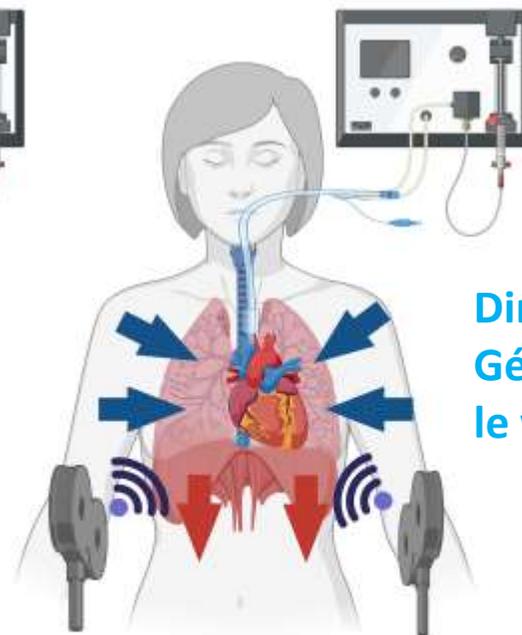
Dysfonction diaphragmatique: stimulation phrénique



awake patient
natural breathing
negative pressure ventilation



sedated patient
artificial breathing
positive pressure ventilation



sedated patient
artificial breathing
positive pressure ventilation
diaphragm neurostimulation

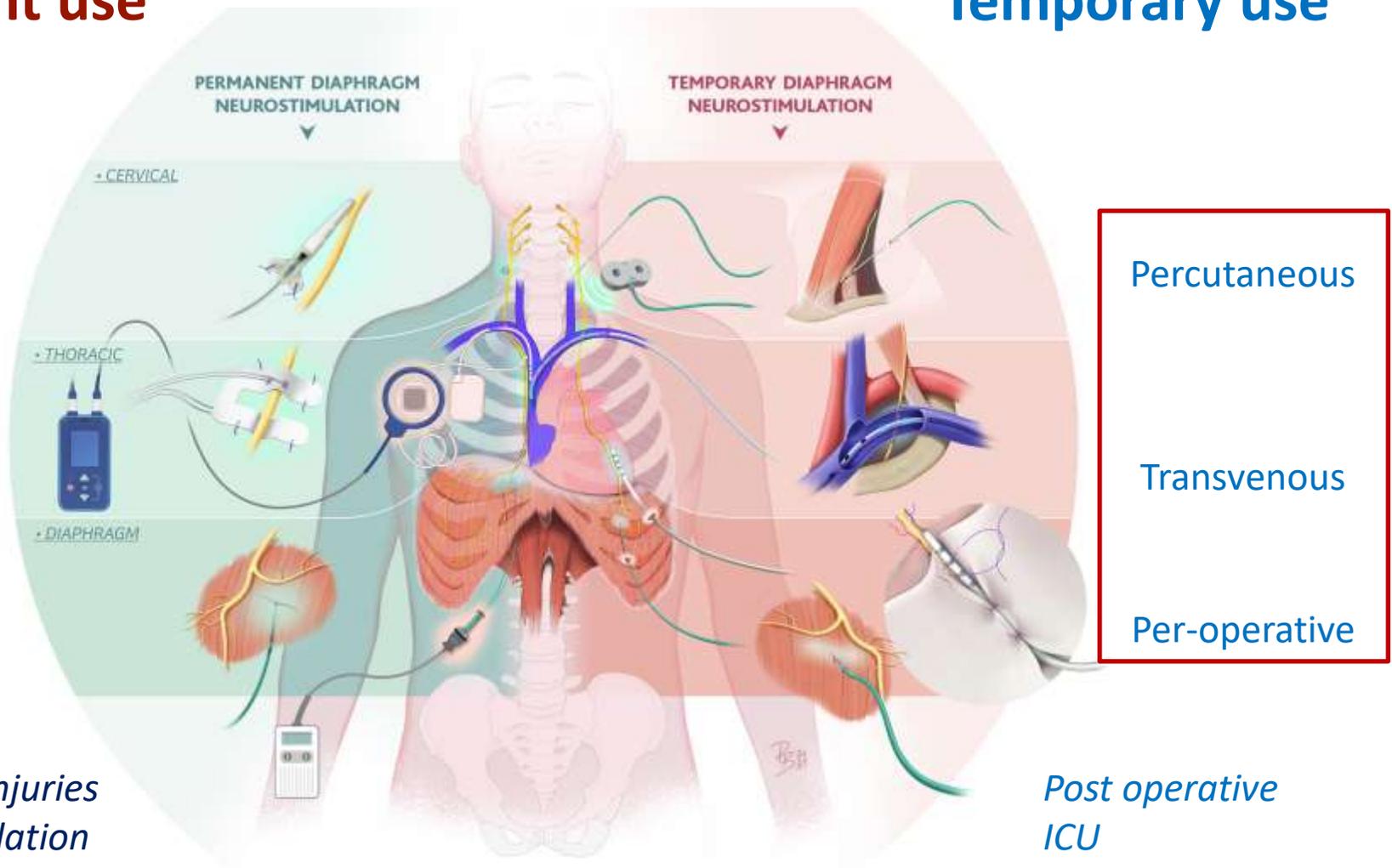
Diminuer la pression
Générée par
le ventilateur



Dysfonction diaphragmatique: stimulation phrénique

Permanent use

Temporary use



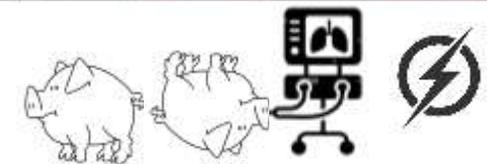
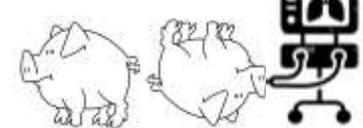
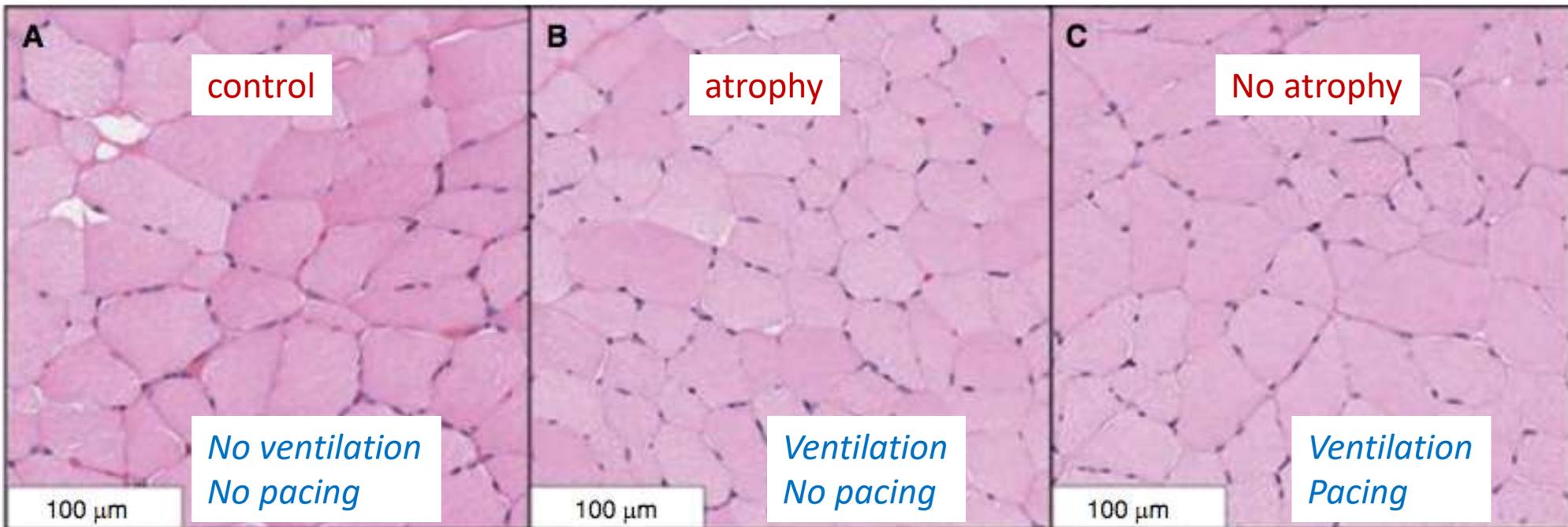
*High spinal cord injuries
Central hypoventilation*

*Post operative
ICU*



Mitigation of Ventilator-induced Diaphragm Atrophy by **Transvenous** Phrenic Nerve Stimulation

Steven C. Reynolds^{1,2,3}, Ramasamy Meyyappan⁴, Viral Thakkar⁴, Bao D. Tran⁴, Marc-André Nolette⁴, Gautam Sadarangani⁴, Rodrigo A. Sandoval⁴, Laura Bruulsema^{4,5}, Brett Hannigan^{4,5}, Jason W. Li⁵, Elizabeth Rohrs², Jason Zurba², and Joaquín Andrés Hoffer^{4,5}





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MISE AU POINT / UPDATE

Dysfonction diaphragmatique en réanimation : physiopathologie, diagnostic et prise en charge

Diaphragmatic dysfunction in Intensive Care Unit: physiopathology, diagnosis and treatment

Q. Fosse^{1,2} • M. Dres^{1,2*}